PARANORMAL UNDERGROUND®

Volume 12, Issue 2 February 2019

Cults and Secret Societies

Nicole Beauchamp
Tri-City Ghost Hunters Society

10 Most Haunted Places in Michigan

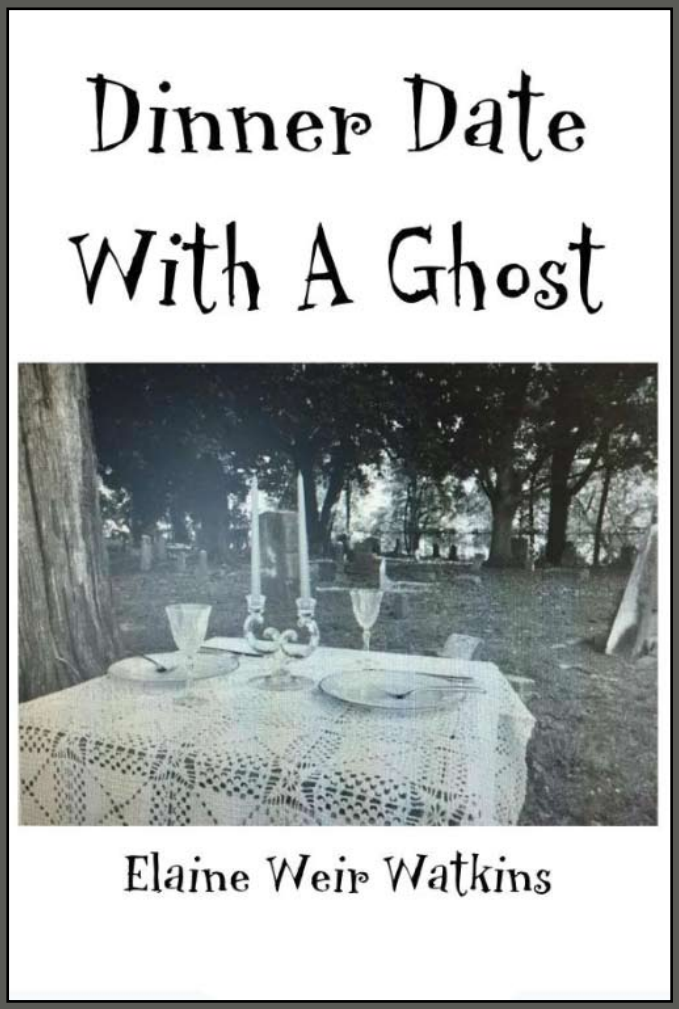
Death From an *Unknown Menace*

13 Horror Movies Coming In 2019

A Shaman Encounters Spirit Jumpers

ALSO INSIDE:

- A Strange Encounter in the UK Countryside
- Panspermia: The Origin of Life on Earth?
- Gef the Talking Mongoose Baffles Researchers



IN HER NEW BOOK, "DINNER WITH A GHOST," ELAINE WEIR WATKINS COMBINES TRUE GHOST STORIES FROM COVINGTON, TENNESSEE, ALONG WITH GOOD SOUTHERN RECIPES!

Contributors include Robert Fountain of Spectral Tech Paranormal Investigations. Photos by Danny Perry of Night Shadows Paranormal Photography. 196 pages. Too scary for kids! So look for a child's ghost that walks on a bed on South Main Street; ghosts that turn on gas fireplaces in a Covington landmark; and spirits that walk around in stores on the Covington Square.

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DERMOT BUTLER AND CARL NALLY

Dermot and Carl have been involved in the research and investigation of the paranormal for more than two decades. They are the coauthors of *Circle of Deceit: A Terrifying Alien Agenda in Ireland and Beyond*. They both were a part of a Dublin-based research group and eventually founded their own organization, UFO and Paranormal Research Ireland (UPRI) in 1998.

Their first book was *Conspiracy of Silence: UFOs in Ireland*, which "examines how many ordinary people in Ireland have seen extraordinary things in the skies." They also coauthored *States of Denial: The Tuskar Rock Incident and Other Mysteries*.

http://ufoparanormalresearchireland.herokuapp.com/

SEAN CASTEEL

Sean is a freelance journalist who has been writing about UFOs, alien abduction, and many other paranormal subjects since 1989. His writing has appeared in *UFO Magazine*, Tim Beckley's *UFO Universe*, *FATE Magazine*, *Mysteries Magazine*, and *Open Minds Magazine*, among others.

Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications, all of which are available from Amazon.com. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

http://www.amazon.com/author/seancasteel

KAREN FRAZIER

Karen is a psychic medium and author. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*, *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*, and *Avalanche of Spirits: The Ghosts of Wellington*.

Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

http://www.authorkarenfrazier.com/

WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMTs *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications.

https://paranormalunderground.net/

MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience spans more than 30 years and includes expertise in gemology, astrology, tarot, aromatherapy, reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space

in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their own cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

https://www.sagegoddess.com/

CATHERINE PHELAN

Catherine has been writing and editing for the Web since moving to New York City. She is an editor at Open Road Integrated Media Inc. Her first memory is of realizing that C A T meant cat — and she hasn't stopped reading since. Recently, Catherine has been making her way through the classic mystery novels of Agatha Christie.

http://www.the-line-up.com/

MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

http://michellepillow.com/

RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth-seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

http://truthseekerhighway.com/

T. STOKES

T. Stokes is a holistic palmist and the author of the book *50 Case Studies in Modern Palmistry*. He trained with mediums Doris Collins and Doris Stokes and psychiatrists Henri Rey and Joyce McDougall. He was the first UK lecturer on paraspiritual studies, metaphysics, and eschatology. He is now retired and is an occasional consultant.

https://www.tstokes.co.uk/

MARIA ANNA VAN DRIEL

Maria Anna is an investigative journalist, columnist, author, radio correspondent, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and owner of *The Next Truth Magazine*, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

http://nexttruth.com/

JOHN J. VENTRE

John is the retired State Security and Public Affairs Director for UPS. He is a member of the FBI's InfraGard group and the DHS Regional Business Coalition. John was the Pennsylvania State Director for the Mutual UFO Network from 2007 to 2017. His novels include *UFOs over Pennsylvania*, *An Alternative History of Mankind*, *Case for UFOs*, and *The Ufologist*.

https://johnventre.blogspot.com/

KRISTEN WHEELER

As a creative writer and artist for Ghost City Tours, Kristen has the opportunity to blend her creative soul with her love of local history, folklore, and the paranormal. She tells stories both imagined and genuine, fanciful and authentic ... from the Axeman of New Orleans, to her own haunting experiences throughout her travels, to historical fiction, and to the tales of timeworn southern antebellum plantation homes.

http://khphotographics.com/

CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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EDITORIAL

PUBLISHER
Chad Wilson

EDITOR-IN-CHIEF
Cheryl Knight-Wilson
editor@paranormalunderground.net

NEWS EDITOR
Morgan Lineberry

SCIENCE EDITOR
J.D. Harrison

CONTRIBUTORS
Dermot Butler
Sean Casteel
Karen Frazier
Willie Windwalker Gibson
Carl Nally
Athena Perrakis
Catherine Phelan
Michelle M. Pillow
Rainbow Radaelli
T.Stokes
Maria Anna van Driel
John Ventre
Kristen Wheeler

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The Scientific Method Revisited

While I usually focus on the spiritual side of the paranormal in my "Publisher's Letter," this month I'd like to focus on the scientific method. While I feel that each person's paranormal journey is unique, I think that the scientific method plays an important role when investigating paranormal phenomena.

When investigating the paranormal, many researchers use the scientific method in the hopes of either proving or disproving the existence of ghosts, UFOs, and cryptids. But, what exactly is the scientific method and how can you apply it to paranormal investigations?

Chad Wilson, Publisher

What Is the Scientific Method?

Basically, the scientific method is a process used to explore any observations made while investigating various phenomena. And while many research topics are easier to research and formulate scientific hypothesis and theories around, the paranormal is not as simple.

The main problem when trying to observe the paranormal is that so much is unknown about unexplainable phenomena, which makes it difficult to establish a baseline to compare gathered data against for further testing. Plus, the paranormal does not happen on demand.

A more pressing problem is the fact that some in the paranormal field do not understand exactly what the scientific method is. When it comes down to it, the scientific method works on the principle of gathering hard, verifiable evidence that allows for further testing of any hypothesis.

Steps in the Scientific Method

Here is the process by which investigators use the scientific method when testing out their hypothesis.

• Ask a Question: Some common questions to ask about anything you have observed is how, what, when, who, which, why, or where.

• Do Background Research: You should also complete any background research about particular phenomena and locations where such activity occurs.

• Develop a Hypothesis: Develop a hypothesis on the activity based on any activity that occurred during any investigations.

• Test the Hypothesis: Next, test the hypothesis through experimentation. For best results, change only one factor at a time when performing any tests.

• Troubleshoot Any Problems: If you encounter any problems while testing, troubleshoot them and perform any additional testing using the adjusted parameters.

• Analyze the Data From Testing: After testing is complete, analyze any results and determine if they support your current hypothesis. At this point, you can report your failed hypothesis and then experiment further on a possible new hypothesis.

• Draw Conclusions From Analysis: If your hypothesis proves to be correct, you could further verify your hypothesis by performing further testing, potentially using slightly different factors.

• Publish Findings: The last step in developing a hypothesis is to publish your results. This allows other investigators to test your hypothesis, giving it further validation if testing supports the results you've already gathered.

In all cases, make sure to keep detailed notes on your testing and any results you've gathered. Also include a Personal Notes section and include your personal observations and thoughts. By following the scientific method, you can give your discoveries more validity, especially within the scientific community. ◆

March 1–3
UFO/Paranormal Summit
Quinault Resort & Casino
Ocean Shores, Washington
www.ufosummit.com

March 9–10
Bayou City Paranormal Symposium
Lone Star Convention & Expo Center
Conroe, Texas
www.badwolfevents.com

March 9–10
Gift of Light Expo
Ohio Expo Center
Columbus, Ohio
https://giftoflightexpo.com/

March 18–23
MUFON Cruise
Roundtrip from Ft. Lauderdale, Florida
www.mufoncruises.com

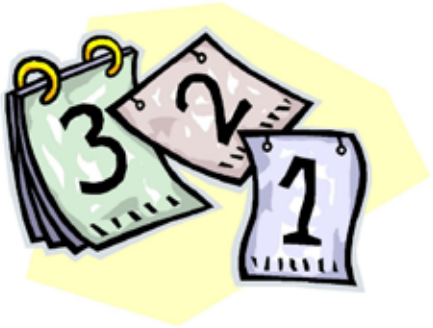
March 29–31
Oregon Ghost Conference
Seaside Civic & Convention Center
Seaside, Oregon
www.oregonghostconference.com

April 5–6
Salem Con
Hawthorne Hotel
Salem, Massachusetts
www.mghparanormal.com

April 6
Butler Paranormal Conference
Tanglewood Center
Butler, Pennsylvania
www.facebook.com/
events/1826825784073288

April 12–13
New England Para-Fest
Kittery Community Center
Kittery, Maine
www.facebook.com/newenglandparafest

April 13–14
Gift of Light Expo
Cuyahoga County (Berea) Fairgrounds
Middleburg Heights, Ohio
https://giftoflightexpo.com/



May 3–4
Haunted Heights Paranormal Convention
Clive & Dot's Anchor Inn
Houghton Lake Heights, Michigan
www.facebook.com/
events/2002110806769405

May 3–5
Virginia City ParaCon
Various locations
Virginia City, Nevada
www.vcparacon.com

May 4–5
ParaPsyCon
The Ohio State Reformatory
Mansfield, Ohio
gefeketik.wixsite.com/parapsycon

May 10–17
Wicked Waters Cruise
With Haunted Tour Excursion
Boston, Massachusetts (to Bermuda)
www.wickedwaterscruise.com

May 11
Midwest Parafest
The Toledo Yacht Club
Toledo, Ohio
www.erieshoresparanormal.
com/?page_id=597

May 17–18
New Jersey Paraunity Expo
Woodbridge High School
Woodbridge, New Jersey
www.newjerseyparaunityexpo.com/ ◆

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ADVERTISING

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Contact:

Cheryl Knight-Wilson
editor@paranormalunderground.net

ART DIRECTION

ART DIRECTOR
Chad Wilson

DESIGN AND LAYOUT
Cheryl Knight-Wilson

ON THE COVER
Nicole Beauchamp
(Photography by
Samantha Saranne Farmer)

SOCIAL MEDIA

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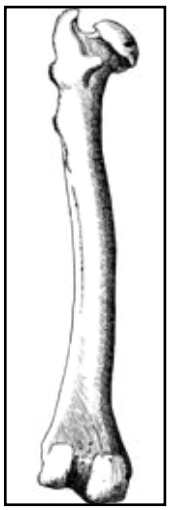
editor@paranormalunderground.net

False Evidence, Poltergeist Video, and Indian Chupacabra

By Morgan Lineberry

Paranormal Hoax Revealed in England



When someone asks if you want the good news or the bad news first, most people will say, "Go ahead and give me the bad news." Since I cannot ask your if you want the good news or the bad news first, I am going to go ahead and rip the bandage off. So, here's some bad news for the paranormal community ...

According to ChesireLive's Lauren Wise, a group of paranormal investigators were investigating an abandoned house in Nantwich in Cheshire, England. During their investigation, the paranormal group (which will go nameless in this news story) said they found a bone in a wall "after a ghost told them there was a body behind the wall in the building."

The group said they had broken through the wall and found a Santa doll and a human bone. Then, they called the police. However, Cheshire police said the entire thing was a hoax. It turns out that police can tell when a scene has been tampered with. Did the paranormal investigators really not believe the police would uncover such a hoax?

Cheshire police explained that "a bone had been discovered at the address, which initial analysis showed it was possibly human. Police discovered that the bone had been placed there as a hoax and are establishing where the bone originally came from." They further explained that "the people who placed it there, three men ages 29, 31 and 19, and a 19-year-old woman, all from Lancashire, are to be given strong words of advice." This seems lenient to say the least.

This is just one of those cases where a few make it worse for the lot. Unfortunately, this case shows that some care more about popularity than the truth.

Real Poltergeist Video?

Generally, YouTube is not the place to go for real videos of the paranormal, but this one described in a *Higgypop* article is surprisingly convincing.

"A creepy video has been uploaded to YouTube that appears to show some very unexpected poltergeist activity," according to the story.

The video, which was filmed inside a home in the U.K., was uploaded by 15-year-old Jolae, daughter of paranormal investigator Joanne Brown. Joanne describes her daughter as "a paranormal investigator in training," and this video proves that she is correct. When the girl saw a dark, shadowy figure in the upstairs portion of her house, she grabbed a camera and captured evidence that is hard to deny.

Bear in mind that "there were no draughts in the house, no windows were open, and no one else present," when you read what happens next as this makes rationalizing the video almost impossible. Watch the video here.

During the incident, Jolae directly addressed the spirit, saying, "If there are any spirits, please show a sign that you are here." And the spirit responded. In the video, we first see the door in the right corner slowly close until it almost completely shut. At first I was disappointed

because this could easily be done from the other side, but whatever was in the house wanted to make sure we knew it was present. It went the extra mile and knocked some items off of the shelf directly in front of the camera.

In case you were confused, things do not fall off of shelves by themselves. Gravity does not work this way. As Joanne says, "most paranormal activity is natural causes or over active imagination, but I just can't explain this."

This is what makes the video so convincing. It is inexplicable. In light of our first story this month about a paranormal hoax, it's nice to have good evidence of the paranormal.

Monster Plagues Indian Livestock

Unfortunately, not all paranormal occurrences are as harmless as depicted in our last news story: a door being closed and some items falling off of a shelf. Brett Tingley of *Mysterious Universe* brings us news of an Indian monster that sounds disturbingly similar to the Mexican Chupacabra.

As Tingley explains, "Over the last year, an unidentified creature of some sort (or perhaps multiple creatures) has been rampaging throughout rural Indian farming villages, sucking the blood and internal organs," including attacking small animals, livestock, and even people. When something like this happens, it is human nature to look for a logical explanation.

The story further reports: "Earlier this month, a team of scientists from the Wildlife Institute of India determined the creatures were merely packs of hungry feral dogs." This is terrifying enough, as in just one week 17 sheep were found dead and mutilated, but the idea that it may not be dogs is even more disturbing.

But, does it seem possible that dogs could cause the kind of damage seen in the pictures or described in this story? "According to local news reports, the animals in this most recent incident were found with 'deep injuries' on their necks and heads, suggesting some unknown wild animal is responsible for these mutilations."

Night watches have been set up, and people are being warned to be cautious at night, so hopefully whatever is doing this will soon be stopped. I believe that every animal has a right to live and hope that whatever is attacking these creatures can be relocated or helped. ◆

13 Horror Movies We Can't Wait to See in 2019

By Catherine Phelan, The Lineup

Yes, there are a lot of sequels and reboots on the horizon for 2019 horror movies. But for once, they're sequels and reboots we're happy to see in development. The second half of *IT*, a film version of *Are You Afraid of the Dark?*, another entry into *The Devil's Rejects* universe ... all alongside a new film from Jordan Peele and *Hereditary's* Ari Aster.

We're steeling ourselves for another year of terror — just don't mention the fact that we'll be watching through our fingers. These 13 films are the horror movies we're most excited for in 2019.

'Happy Death Day 2U' (February 14)

2017's *Happy Death Day* was a pleasantly scary surprise. The "Groundhog Day, but make it horror"-style film managed to effortlessly meld satire and scares, thanks in no small part to star Jessica Rothe's performance. If its sequel has half the charisma, we'll gladly join for another day stuck on repeat.

'Us' (March 15)

As soon as *Get Out* left theaters, speculation about Jordan Peele's next project began. Nearly a year ago, *Us* was announced. Finally, for Christmas, we got a trailer. Starring Lupita Nyong'o, Winston Duke (*Black Panther*), and Elisabeth Moss, the March film will feature a family's own doppelgangers terrifying them during a beach vacation.

'Pet Sematary' (April 5)

Not that he needed it, but Stephen King is experiencing an adaptation renaissance. First up this year is the new take on *Pet Sematary*, which will star John Lithgow and Jason Clarke. The eerie trailer has our fingers crossed. And if this King adaptation doesn't work out, there's still the *IT* sequel to look forward to in September and 2020's *Doctor Sleep*, helmed by Mike Flanagan.

Photo from the movie Happy Death Day 2U

'Hellboy' (April 12)

Hellboy is back. And this time, the adaptation will lean far more into the horror side of the comic series. Along with a new *Hellboy* (*Stranger Things'* David Harbour) and an R-rating, early discussion of the film has promised a "darker, more gruesome version" of the cult favorite films created by Guillermo del Toro.

'BrightBurn' (May 24)

James Gunn's latest movie marries superhero tropes with horror. When a child crash lands in the yard of a couple struggling to conceive for years, he seems like the answer to their prayers. Soon, his powers become clear– and terrifying. With Gunn's superhero abilities well-proven by the *Guardians of the Galaxy* franchise, we're very curious to see how the producer fares with horror.

'Grudge' (June 21)

One American reboot of Ju-On just wasn't enough. We haven't heard much about the newest reboot, but based on the casting alone, this new *Grudge* seems worth the watch.

Photo from the movie Us

Starring Andrea Riseborough, whose turn in *Mandy* made her a horror star on the rise, John Cho, and *GLOW's* Betty Gilpin, and directed by Nicholas Pesce (*The Eyes of My Mother*), we're expecting a psychological horror show.

Untitled 'Annabelle' Sequel (July 3)

Although it remains without an official title, *Annabelle's* return has been promised for this summer. Patrick Wilson and Vera Farmiga will return as the Warrens in a film co-written and produced once more by James Wan. Screenwriter Gary Dauberman has promised a return to a Warren-centric story, as the film will follow Annabelle and the Warrens immediately after they bring the doll home. With *Annabelle: Creation* far exceeding the merits of its predecessor, we're ready for another look at the truly terrifying doll.

'The New Mutants' (August 2)

The X-Men continue to venture outside of typical superhero genres with *The New Mutants*. Star Anya-Taylor Joy has proven her horror chops with *Split*, *The Witch*, and even *Game of Throne's* Maisie Williams and *Stranger Things* Charlie Heaton will also be starring. Despite a rescheduled release date and reported reshoots, we remain optimistic about *The New Mutants* — if it can do for horror movies what *Logan* did for westerns, we'll be quaking in our seats.

'Midsommar' (August 9)

Few details about this summer horror film have been made available, but there's only one that truly matters: *Midsommar* is Ari Aster's second film after *Hereditary*. Since *Hereditary* was the rare film that managed to appeal both to general critics and horror fans alike, we can't wait to see what Aster has up his sleeve. And with Florence Pugh — who first terrified us with her steely-eyed ambition in *Lady Macbeth* — signed up to star, you really can't go wrong.

'It: Chapter 2' (September 6)

The first *IT* film surpassed our expectations. And the second half of the film, which will focus on the grownup Losers Club members, has a stacked cast, which will hopefully mean another great, terrifying addition to the Stephen King cinematic universe. With the likes of Jessica Chastain, James McAvoy, and Bill Hader taking on roles, this sequel to the highest-grossing horror movie is sure to leave us whimpering.

'Are You Afraid of the Dark?' (October 11)

We've been waiting for the movie adaptation of *Are You Afraid of the Dark?* for what feels like eons. But late last year, we finally got confirmation that the movie was really happening. Gary Dauberman, who has written all three *Annabelle* films and the first installment of *IT*, will be taking on the beloved Nickelodeon show. No further information is available at this time, but we're waiting with bated breath.

'3 From Hell' (Unconfirmed)

Thirteen years after *The Devil's Rejects*, Rob Zombie is returning once again to Captain Spaulding with *3 From Hell*. Baby and Otis Driftwood round out the titular three, and Zombie has promised that the film, despite being very different from its counterparts, will be filled once more with gratuitous violence. Zombie fans rejoice!

'The Turning' (Unconfirmed)

Although originally scheduled to premiere in February, *The Turning's* release date is now in question. Regardless, we can't wait to be terrified by the modern take on Henry James's classic spooky story, *The Turn of the Screw*. With Mackenzie Davis (Tully, *Halt and Catch Fire*) taking the role of the nanny who becomes convinced that her charges' home is haunted. ◆

Tri-City Ghost Hunters Society:
Preserving History Through Investigation

By Cheryl Knight

With a life-long passion for the paranormal and history, Nicole Beauchamp founded the Tri-City Ghost Hunters Society in July 2009. She actually began investigating paranormal phenomena on her own years before founding the group.

Nicole had an interest in the paranormal since she was a young child. She even conducted mock ghost hunts with her friends during elementary school. Eventually, she realized she could start her own team after seeing the show *Ghost Hunters* and doing a lot of her own research.

Since its founding, TCGHS has investigated ships, Civil War forts, asylums, colleges, libraries, homes, hotels, and other locations. The team takes a scientific and skeptical approach when conducting its research.

Nicole recently spoke with *Paranormal Underground* magazine about her paranormal team, investigative methodologies, and common misconceptions she encounters about paranormal investigators.

* * * * *

Q: Please tell us about yourself.

Nicole: I'm a native of Bay City, Michigan, and earned a bachelor's degree in applied science from Siena Heights University. Since forming TCGHS, I have presented at libraries and universities across Michigan with the goal to educate individuals on the paranormal and express the importance of preserving history through investigation.

I've even had the honor of co-lecturing with renowned paranormal researcher John E.L. Tenney, who also starred on the TV show *Ghost Stalkers*. I've been interviewed about my work in the paranormal field by Jason Hawes, lead investigator of *Ghost Hunters*. I am always excited to share my passion for the paranormal with everyone I meet.

TCGHS is a paranormal research society that was founded in Michigan by Nicole Beauchamp. The group investigates nationwide locations in search of paranormal phenomena.

Q: Talk about TCGHS and its mission.

Nicole: Our team members include Andrew Broskie, Steve Czarnecki, Ellen Beauchamp, Harold Beauchamp, and Amanda Moore. We are dedicated to seeking the truth about what happens after death and preserving history through paranormal investigation.

Q: Tell us about your paranormal experiences.

Nicole: I've been investigating the paranormal for many years now, so I've had a multitude of crazy experiences happen.

The TCGHS team includes (from left to right) Andrew Broskie, Steve Czarnecki (in back), Nicole Beauchamp, Harold Beauchamp (in back), and Ellen Beauchamp, as well as other members located across Michigan.

My most notable experiences to date include catching a suspected shadow man on my digital camera after taking a series of photos at Historic Fort Wayne in Detroit, Michigan; being locked in a ward on the fourth floor at the Trans-Allegheny Lunatic Asylum in Weston, West Virginia, and hearing the deafening sound of hundreds of stretchers and med carts coming at myself and another female investigator in that same asylum when we were alone in the empty corridor of the Geriatrics Ward hallway.

Q: What interests you most about the paranormal?

Nicole: I love the history of it and the prospect of some type of life after death.

Q: Whose work in the paranormal field do you respect the most and why?

Nicole: I grew up watching the TAPS team on Syfy's *Ghost Hunters*, and that's when I realized I could also become a paranormal researcher. They were the first team I ever saw, and I found them very inspirational. They really set the standard in the field.

Their show also showcased that not everything paranormal always happens on command and there's a lot of physical labor involved with being a paranormal researcher. I love how they always remain calm with clients and do everything they can to disprove a haunting before claiming it is paranormal. They are very professional.

Q: What equipment do you usually take with you on an investigation?

Nicole: Digital recorders, various types of digital cameras, video cameras, thermometers, spirit boxes, flashlights, electromagnetic meters, etc.

Q: What methodologies do you use during investigations?

Nicole: We get a tour of the location and find out the hot spots. Then, when we set up our equipment, we focus it on the hot spots. We then go through hours of evidence and document any findings. Once we compile a report of our findings, we share it with the client. We do not use any psychics. We rely on equipment and our personal experiences.

> *"My most notable experiences to date include catching a suspected shadow man on my digital camera at Historic Fort Wayne in Detroit ..."*

Q: What is the most important part of a paranormal investigation?

Nicole: Making the individuals feel comfortable in their home or business and preserving the history of the location for future generations.

Q: What case will you remember the most and why?

Nicole: I will remember my first case at Historic Fort Wayne where I captured the suspected shadow man photograph.

Q: What is the most compelling evidence of the paranormal that you or your team has captured?

Nicole: My shadow man photograph and various EVPs that we have posted on YouTube.

→

Pictured above and at right, Nicole recently investigated the Traverse City State Hospital (also known as the Northern Michigan Asylum). During investigations, TCGHS uses digital recorders, various types of digital cameras, video cameras, thermometers, spirit boxes, flashlights, electromagnetic meters, and other equipment.

Q: What common misconceptions about the paranormal field have you encountered?

Nicole: That investigators are Devil worshippers or in cults. That's an extreme idea and not true at all. There are many investigators from all walks of life. Most are actually out to do really good things in their communities. I know paranormal investigators who have saved historic locations from being torn down.

I know investigators who work to raise money for wounded soldiers and kids with cancer. The positive impact that the paranormal community has on society is not something most media sources want to publish.

> "I know paranormal investigators who have saved historic locations from being torn down … raised money for wounded soldiers and kids with cancer …"

Many critics think that we go into our investigations looking for evidence to prove the existence of ghosts, but we actually do just the opposite. We always try to disprove claims of the paranormal, but when we are left with evidence that we can't explain, that's when we label it as possible paranormal evidence.

At this point, we put the purported evidence into the Universe, usually by presenting it to our clients or by posting it on YouTube. People can make of it what they will, and we are OK with people giving us feedback, whether good or bad.

Q: What locations do you have on your wish list to investigate?

Nicole: The Queen Mary, The Winchester Mystery House, The Goldfield Hotel, The Catacombs, and anywhere else across Europe really!

Q: What words of wisdom would you offer beginner paranormal investigators?

Nicole: Work hard, and take running your team seriously. It's not easy. Don't do anything for fame or money; only do it because it's your passion. I can't stress that enough.

Q: What else should our readers know about you and your team?

Nicole: We do many volunteer events throughout the year to not only do our part, but network with others involved in the community. Normally, we post what we will be doing on Facebook! Join us, and come say hi!

* * * * *

For more information about Nicole and Tri-City Ghost Hunters Society, *visit https://www.facebook.com/TCGHS/.* ◆

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Cults and Secret Societies

By John J. Ventre, Phenomena Magazine

In 2016, I was contacted by a woman in Europe who wanted to be on our YouTube lecture show but couldn't reveal her identity. She discussed secret societies and services. That prompted my interest to do some research. The term cult is derived from the occult or hidden knowledge. Secret societies are just secret to non-members.

Freemasons and the Knights Templar

There are many interesting colorful groups out there. The Templars date back to 1100AD. They were the warrior knights of the Crusade and protected the ark of the covenant and the chalice of Christ. They influenced the Masons and disbanded in 1307 when Pope Clement V and King Philip IV of France conspired against them because they had become more powerful than the Pope or King. They were accused of Devil worship, their property was seized, and they were tortured.

When the Shroud of Turin was mistakenly carbon dated to 1300AD (a patched area of the garment was tested), the Free Masons said it was the shroud of Templar Grand Master Jacques de Molay who was tortured and wrapped in a shroud in 1307.

Some say the Free Masons date back to the building of King Solomon's Temple and the killing of master builder Hiram Abiff. Masons are mentioned in a 1425 poem and in a 1598 memo from Edinburgh, Scotland, but most recognize 1717 as the official date of the founding of the Grand Lodge of England. The Masons have ritualized meetings, signs, and handshakes. They operate the Shriners Hospitals, and Roman Catholics that join the Free Masons are excommunicated from the church, or at best are regarded to be in a state of grave sin and may not receive Holy Communion.

Illuminati

The Illuminati, founded in 1776, oppose religious influence over politics. They believe in the power of the people and not God. They are said to control world affairs by planting agents in governments around the world.

The Illuminati

Skull and Bones

The 1832 Skull and Bones is Yale's oldest student society and were originally called the Brotherhood of Death. They use Masonic-type rituals and were the original founders of the CIA.

Bohemian Grove Society

The 1872 Bohemian Grove Society in San Francisco boasts hundreds of the leading men, from presidents to CEOs. They meet every July to plot strategy and perform satanic rituals.

Aleister Crowley in 1921.

False Face Society

The False Face Society dates back to the Iroquois Indians who claim a hunchback spirit can cure you but then you become a member. They wear ritual wooden, twisted face masks. In 1962, Batman comic #152 featured the False Face Society gangsters.

Today, there are cosplay groups that dress up like the Batman characters.

Theosophical Society

Madame Blavatsky founded the Theosophical Society in 1875, which was the forerunner of the New Age movement. In 1891 on her deathbed, she said that the Ascended Masters were actually demonic entities.

Hermetic Order of the Golden Dawn

The Hermetic Order of the Golden Dawn used Rosicrucian rituals and mysticism, alchemy, and ancient Egypt teachings. Their members included Aleister Crowley and W. B. Yeats.

Crowley went on to form the 1904 Order of the Temple, which still has more than 3,000 members. They practiced satanic rituals and evoked Egyptian Gods. They are famous for the saying, "Do what thou wilt" or "There are no rules if it makes you happy."

Opus Dei

The Opus Dei celibate order was founded in 1928 in Spain. It is a French myth that they battled the 1956 Priory of Sion group in trying to keep the truth about Mary and Jesus' daughter Sarah a secret.

Black Sun

The Black Sun was a Nazi Thule Society symbol and meant the opposite of light. Nazism actually got its occult start through mystic Maria Orsic and the search for the Vril Society of Antarctica.

Orsic convinced Hitler that the novel *The Coming Race* was a true story.

The Rosicrucian's date back to 1600 AD and were alchemists.

Scientology

Scientology was founded in 1952 by sci-fi author L. Ron Hubbard, who was an early student of Aleister Crowley, Jack Parsons, and Ray Bradbury and versed in Satanism. Parsons had an encounter with Satan at age 13. Parsons and L. Ron Hubbard danced naked with members and practiced sex magick.

Parsons conjured up a female elemental to conceive the anti-Christ. He founded JPL and died in an explosion in his basement during a ritual. Scientology is based on Dianetics, a form of psychology with pay for levels of advancement and is based on the extraterrestrial Thetan race and leader Xenu.

There are many complaints of isolation by members. Numerous lawsuits forced the IRS to recognize it as a church. Many countries do not recognize Scientology as a religion.

Collins Elite and Jason Society

The Collins Elite was also formed in 1952 and is a CIA branch that investigates the paranormal and UFOs. Convinced by Jack Parsons that UFOs were demonic, it led to Project Often to acquire demonic power, then MK ULTRA to control/alter people.

The Jason Society is the NSA version of the Collins Elite. It is an Illuminati quest for the golden fleece of knowledge and truth. Some say there is a battle between the NSA and Navy (secretive) versus the CIA and Air Force (public).

Invitation-Only Meetings

1954 gave us the invitation-only meetings at the Bilderberg Hotel in the Netherlands where Europeans and Americans plan world strategy. The content of the meetings are not made public so members can't speak freely.

Unification Church

Sun Myung Moon's Unification Church was also founded in 1954. At 16, Jesus asked Moon to continue his work. Moon managed to escape North Korea. After seven years in his church, Moon would choose your partner for you.

He eventually moved to NYC. Numerous lawsuits by parents and tax evasion in 1982 never closed his church, and he died in 2010.

What Did JFK Know?

Interestingly, when you listen to President John F. Kennedy's 1961 speech on secret societies, you have to wonder what the young President had discovered. His speech sends chills through my spine every time I listen to it. Kennedy said:

We decided long ago that the dangers of excessive and unwarranted concealment of pertinent facts far outweighed the dangers which are cited to justify it. ... And there is a very grave danger that an announced need for increased security will be seized upon by those anxious to expand its meaning to the very limits of official censorship and concealment. ... [No one should] censor the news to stifle dissent, to cover up our mistakes, or to withhold from the press and the public the facts they deserve to know.

... For we are opposed around the world by a monolithic and ruthless conspiracy that relies primarily on covert means for expanding its sphere of influence. ... Its preparations are concealed, not published. Its mistakes are buried, not headlined. Its dissenters are silenced, not praised. No expenditure is questioned; no rumor is printed; no secret is revealed.

Those are powerful words that we can view in a different light 57 years later.

Church of Satan

The 1966 Church of Satan was founded by Anton LaVey. He wrote the *Satanic Bible*. He said that demons are projections of one's own mind and personality. The FBI investigated the Church of Satan and concluded they were not involved in crimes or ritual sacrifices. More than 100,000 Americans identify as Satanists.

Manson Family

The 1967 San Francisco Manson Family cult is one of the few non-religious cults. Manson believed blacks would win a Helter Skelter race war. Manson would then lead them. Manson framed blacks for nine murders to try to incite a race war.

His group killed the Folgers coffee heir, as well as pregnant actress Sharon Tate. Manson died in November 2017 in prison.

The Brethren

The 1970 Brethren, also known as the Body of Chris and the Brothers and Sisters, are vagrant garbage eaters who shun all contact with family, technology, medicine, and bathing. They work odd jobs to survive.

Raelians

The 1974 Raelians are a French ET cult that claims to have cloned a baby in 2002 and live in an open sex environment.

Peoples Temple

An article in the *New West* magazine convinced Jim Jones to move his 1977 Peoples Temple from the Utah- SF-LA areas to Guyana in South America. When Congressman Leo Ryan visited, he was shot and killed.

The cult committed mass suicide by drinking poison rather than be arrested.

Snake Handlers

There are approximately 5,000 snake handlers today. Snakes represent demons, and snake handlers believe God will save them from bites. Many have died.

Snake Handlers

Night Riders

The Night Riders are black paramilitary helicopters said to be behind the cattle mutilations and abductions that are blamed on aliens or in cooperation with aliens.

Aleph

Aleph, formerly Aum Shinrikyo, is a Japanese doomsday cult founded by Shoko Asahara in 1984. That same year, the cult carried out the Tokyo sarin gas attack in the subway, killing 12 and maiming 1,000.

Order of the Solar Temple

The 1984 Order of the Solar Temple in Switzerland believe in Templar Knight principles and the second coming of Christ. In 1994, they killed a three-month-old child they identified as the Antichrist. They execute murderers and then commit suicide.

Happy Science

The 1986 Japanese Happy Science group has 12 million members, is a U.S. 501c3, and believes in a nine-dimensional Heaven.

They call for war with China and North Korea and to rebuild Japan.

Branch Davidians

David Koresh, the 1993 Branch Davidian leader, slept with member's wives and minors with parental consent to fulfill biblical prophecy, amassed automatic weapons, and refused to vacate their compound. A botched 1993 ATF raid killed six members and four ATF agents. It resulted in a 51-day standoff, ending in a tank and tear gas raid that burned the facility down. Eighty-two members were killed, including 23 children. Koresh also died.

The 1995 OKC revenge bombing by Timothy McVeigh was said to be an act of revenge, although he was not a member of the cult.

Heaven's Gate Cult

The Heaven's Gate UFO cult was formed in 1974 and had 39 members. They committed mass suicide so they could join a spacecraft they believed was flying in the wake of the Hale-Bopp comet. The group had taken out a $1 million insurance policy on each member against alien abduction, pregnancy, or death. Suicide is not covered.

Manhattan Congregation for the Light

The Manhattan Congregation for the Light has 200 well-to-do Aryan members who are doomsday preppers. They marry off old men with young women and have children born into the cult. They are a U.S. 501c3 non-profit.◆

10 Most Haunted Places *in Michigan*

By Kristen Wheeler, The Lineup and Ghost City

Dense pine forests, historic lighthouses looming over its coast, home to Motor City, the Great Lakes, and chock full of history and hauntings of every kind ... these haunted places in Michigan will have you checking around each corner.

1. Big Sable Lighthouse (Ludington, Michigan)

Located on the eastern shore of Lake Michigan, Big Sable Lighthouse has heard reports of lights turning on and off, walking and chattering noises from stairwells and inside bedrooms, doors locking and unlocking, the smell of cigar smoke, shadowy figures, books levitating in the gift shop, attic covers pulsating and moving on their own, the smell of bread baking, the spirit of a young boy, and the tower lights turning on when no one was inside.

If that sounds enticing to you, the Sable Points Lighthouse Keepers Association has a volunteer program where you can stay in the lighthouse yourself and experience the ghosts 24/7.

2. Detroit Masonic Temple (Detroit, Michigan)

Secret rooms, a labyrinth of hallways, extravagant details, hidden compartments and staircases, all for a society shrouded in mystery. This nearly-century old, neo-Gothic building of grandeur is known as the largest Masonic Temple in the world.

As legend has it, the man who financed its construction went bankrupt from the venture and leapt off the roof to his death. While no doubt apocryphal, the tale casts a spooky shadow over the Masonic — not that it necessarily needs the help. Reports of unidentified figures, slamming doors, cold spots, and feelings of being watched have all been documented.

The Detroit Masonic Temple, built in 1922, is home to unidentified figures, slamming doors, cold spots, and feelings of being watched. (Photo by Einar Einarsson Kvaran via Wikipedia)

3. Felt Mansion (Holland, Michigan)

Built in 1928 by inventor Dorr E. Felt of Chicago for his wife Agnes, this 17,000-square-foot mansion was meant to provide a place where the Dorrs could soak in the splendor of West Michigan's coastline. Sadly, Agnes passed away just weeks after they moved into their new home. The structure then became a seminary for young boys, then a home to nuns, then a State Police Post and Correctional Facility.

Agnes is said to haunt the opulent mansion, especially her bedroom. Shadow people, doors opening and closing, carpets being rolled up, and full apparitions have been reported. You can visit this real haunted mansion for a daytime historical tour.

4. Henderson Castle (Kalamazoo, Michigan)

Established in 1895 by Kalamazoo's most successful businessman, Frank Henderson (he owned the Henderson-Ames Company; a uniform manufacturer that made uniform regalia for secret societies, fraternal organizations, and the military), this Queen-Anne style home is now a bed and breakfast. Mr. Henderson died in 1899 and is said to still roam the hallways of his elaborate estate.

The historic Henderson Castle in Kalamazoo, Michigan, is home to all types of paranormal phenomena, including EVPs, full-bodied apparitions, and unexplained noises. (Photo by GeekChristian via Wikipedia)

Henderson Castle has been a setting for three horror movies and hosts regular haunted history and murder mystery dinners that can be attended by guests or drop-in visitors. Witnesses and paranormal groups have captured EVPs at the Castle, seen full-bodied apparitions, and unexplained noises.

5. Mackinac Island (Mackinac, Michigan)

Mackinac Island rests on the edge of Lake Huron and was originally an Ottawa settlement and essential site of the Great Lakes fur trade. Two bloody battles of the War of 1812, a Native American burial ground, and a "Drowning Pool" where seven women were said to have drowned after being accused of witchcraft and put to the float test create a rich and eerie backdrop.

An evil, dark entity with glowing red eyes, a man in a top hat playing a piano, a woman in Victorian garb roaming the grounds, sounds of crying babies, moving furniture, and feelings of deep sadness have all been reported at locations throughout the island.

6. Michigan Bell Telephone Co. (Grand Rapids, Michigan)

The Michigan Bell Building was built in 1925 on the grounds of the former Judd-White House. The lovely building hardly seems like the type to have terrible misfortunes contained within. Unfortunately, the Judd-White House was exactly that type. The story attached to that house is that of the Randalls.

After Warren Randall lost his leg in a railroad accident in 1908, his mental state and his marriage suffered greatly. He and his wife separated a year later. Perhaps attempting reconciliation, the pair went for a buggy ride in 1910. Instead of finding themselves happy once more, Warren sealed himself and Virginia into a room in the Judd-White House, turned on the gas, and murdered his wife before killing himself.

Although the names and details seem to have been distorted by legend and time, a version of this grim event did in fact happen to a Warren and Vashti Rowland in 1909. Their spirits are believed to remain on the grounds to this day, even after the Judd-White House was torn down in 1924.

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Mouth Cemetery in Montague, Michigan, is a 165-year-old cemetery. Witnesses report hearing disembodied voices and footsteps, as well as seeing a young girl in a white dress roaming the grounds. (Photo by Kristen Wheeler)

7. Mouth Cemetery (Montague, Michigan)

A 165-year-old, unkept, overgrown, and utterly creepy cemetery surrounded by dense trees in a secluded area with a history of otherworldly occurrences — if that's not a recipe for a good old-fashioned haunting, I don't know what is.

Disembodied voices, sounds of footsteps, and a young girl in a white dress roaming the grounds — and even a legend about a cursed chair — are just some of the bizarre happenings reported at Mouth Cemetery.

8. Pere Cheney (Beaver Creek Township, Michigan)

In Beaver Creek Township lies a once-thriving lumber town established in 1873. Pere Cheney became an official ghost town in the early 20th century after a population of 1,500 plummeted to a mere 25 in the wake of an outbreak of the highly contagious and deadly diphtheria.

Ghosts, witches, glowing orbs, disembodied laughter, handprints, and moving lights are just a few of the reported occurrences in this ghost town and its cemetery. Some say it was cursed from the beginning, as it was established on Native American soil and, according to local legend, a witch cursed the land after being banished to the woods.

9. The Whitney (Detroit, Michigan)

Built in 1894, this Romanesque Revival-style mansion was built by David Whitney, one of Michigan's wealthiest citizens. As legend has it, the spirits of Mr. Whitney and his wife, Flora, still inhabit their mansion, particularly the elevator and second and third floors. Whispers, cold spots, shadowy figures, and an elevator that moves on its own are just some of the haunted happenings reported in this once-private home.

Care to break bread with the spirits? You're in luck. The Whitney is now an upscale dining establishment — and its bar is dubbed the Ghostbar.

10. White River Light Station (Whitehall, Michigan)

Built in 1875, this lighthouse was overseen by British-born Captain William Robinson, his wife, Sarah, and their large family for nearly 50 years. Even when Robinson was too old and frail to properly operate the light, he remained in the lighthouse. He eventually died there in 1919, at the age of 87. Yet their dedication endures even in death.

The tapping of William's cane is said to echo through the lighthouse as his spirit climbs the spiral staircase. William and Sarah are often heard whispering in the museum display room, and dust rags and other objects are often moved, seemingly of their own volition. ◆

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CREEPY CRATE
BY THE LINEUP

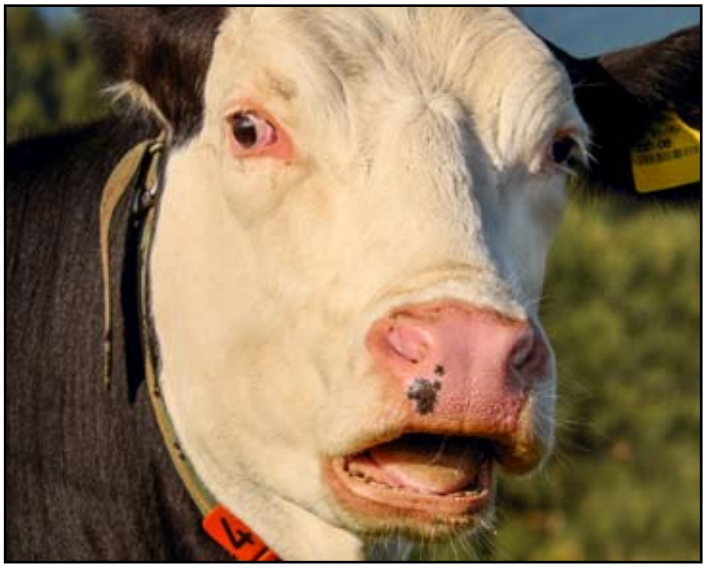
Death From an UNKNOWN MENACE

By Carl Nally and Dermot Butler, UFO and Paranormal Research Ireland

There is a phenomenon that has shocked and baffled police investigators, veterinary surgeons, farmers, and ranchers around the world. It is the unexplained dissection of animals and the precise removal of specific body parts by agents unknown.

The realm of unidentified but obviously intelligently controlled aerial craft has continually been linked with the discovery of such animals, especially in the United States, since the late 1960s. The victims have organs (including tongues, tails, eyes, and sexual organs) removed with clinical precision. Incisions are found to have been cauterized, and very often there is a baffling lack of blood on site. This indicates that medical procedures, akin to laser surgery, are performed on the animals, often in extremely remote locations.

American investigative reporter Linda Moulton Howe won an Emmy Award for her groundbreaking documentary, *A Strange Harvest*, on this alarming phenomenon.



The 'Animal Harvesting' Phenomenon

The prospect of an unknown intelligence harvesting organs from our animals, of varying species, should be of great concern to us all. The investigation of these incidents has been cloaked in secrecy for many years, with government agencies tasked with covering up the frightening reality of who, or what, is responsible.

Several countries, including the U.K., France, Spain, Brazil, Mexico, and Ireland, having released declassified UFO files, are now admitting that they had in fact pursued an avid interest in this phenomenon. As they have admitted that the subject is authentic — with the U.K.'s Condign Report stating that the reality of unidentified flying objects is "indisputable" — are they now keeping secret files on an agenda that those who are controlling the unknown craft may be pursuing, concerning the harvesting of specific animal body parts?

This about-turn by governments in admitting the existence of unidentified flying objects demonstrates that files are generated and maintained on strange phenomena. The continuing denials and cover-ups involving these animal-related incidents point toward the involvement of these same intelligence agencies, whose role it is to keep the truth hidden from the public.

The Lewis Case of 1967

One of the earliest cases of this disturbing phenomenon to come to public attention occurred in September 1967 in the San Luis Valley of Colorado. A horse was found dead on a ranch belonging to the family of Berle

and Nellie Lewis. Six holes, bored into the ground, were discovered close to the carcass. It was as if something large and heavy had rested there.

The unfortunate animal had been surgically opened from the neck to the chest, with the lungs, heart, and thyroid all missing. The removal of the organs had been done with precision, but there was no blood evident. Furthermore, flesh at the edges of the wound was a dark color, as though cauterized by very high temperatures. Later, laboratory analysis suggested that discoloration at the cellular level indicated that a burning process had indeed been used.

All of this contradicted the view of officialdom, with a local veterinary surgeon saying that the horse, Lady (subsequently referred to as Snippy in the media), had died from a leg infection and that a (never-identified) passerby had slit the animal's throat to end its misery.

This explanation ignored the accuracy of the organs' removal, the apparent presence of heat to cauterize the incision, and the total lack of blood. Nor did it account for the fact that further marks found on the ground — let alone the six holes — were akin to those caused by an exhaust and that they gave off higher radiation readings than the background. It didn't account, either, for the fact that a family member somehow burned their hand when they squeezed a piece of horse tissue that had been found nearby.

> **The removal of the organs had been done with precision, but there was no blood evident.**

Although the Lewis case involved the sinister death of a horse, the similar demise of cattle and sheep have also since become the focus of media attention. Their injuries include the excision of eyes, tongues, jaw tissue, and the coring out of the sexual and excretory organs. To add further mystery — and to increase suspicion and anger among the animals' owners — a government or military interest in what has been happening has been suggested by the observation of unmarked helicopters in the vicinity of where the phenomenon has occurred.

The presence of someone (or something) carrying out surgical procedures similar to those performed on the Lewis family's horse was a police affair. Not only was there the issue of animal cruelty to consider, but also the matter of ranchers and farmers experiencing their livelihoods being seriously damaged by the financial losses that the peculiar deaths of their animals incurred. Interestingly, though, when the unfortunate horse was discovered on the ranch of Berle Lewis, a local sheriff refused to begin an investigation.

So, Who's Inside the Black Helicopters?

The presence of unmarked (predominantly black) helicopters has been reported at various scenes in which these animal-related incidents have occurred throughout the U.S. Ted Oliphant, a former police officer in Fyffe,

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Alabama, came across such helicopter activity when he took part in 35 investigations in the early 1990s.

A curious case began on January 9, 1993, when Tommy Cole, a chief detective with the Albertville Police Department, lost a Black Angus steer to this perplexing and disturbing enigma. The previous day, his wife had noticed an unmarked helicopter over the family's property, and Cole duly brought in an investigator from the Federal Aviation Administration (FAA) to evaluate her testimony.

The FAA official was skeptical about the potential link between any such helicopters and this incident, but he soon changed his mind after he and Cole saw a similar helicopter (or possibly the same one) as they drove around in Cole's police car.

When they saw the mysterious aircraft, the FAA official hailed it on a radio, asking the pilot for identification. There was no response. Getting nowhere using this approach, the annoyed investigator later managed to trace the helicopter to Maxwell Air Force Base, also in Alabama. When he proceeded to pose questions to the base, he was simply instructed to stop his investigation and not to speak about it again.

By what authority was the FAA official — a representative of the federal government — told to back off? What was being hidden? Ted Oliphant stated in the wake of this case and others that he had been given information that could shed light on at least some of the cases reported throughout the U.S. He was informed that there was a covert monitoring operation in place, watching the national herd not only for the effects of nuclear weapons testing, but the spread of Bovine Spongiform Encephalopathy before it could affect humans as the related Creutzfeld Jakob Disease. Cows in failing health could be detected using thermographic infrared scanners attached to helicopters, as circulatory shutdown would start with the animals' outer skin.

The 'Logging Crew' Incident of 1999

On February 25, 1999, members of a 14-man logging crew witnessed a bizarre sight as they made their way back to their vehicle for a lunch break while working in the Mount St. Helens area of Washington State. The incident was investigated by Peter Davenport of America's National UFO Reporting Center and Ruben Uriarte, Robert Fairfax, and Kathleen Anderson of the investigative organization called the Mutual UFO Network (MUFON).

One of the work crew members stopped to rest as his colleagues made their way toward their truck from various positions on a mountainside. He noticed a herd of elk on a nearby slope to the northeast. Then, from the same area, he observed the movement of a peculiar airborne object coming into view. It flew at treetop level, hugging the contours of the terrain as it moved. The peculiar craft was about 200 feet below his elevation and perhaps 800 yards away.

His first thought was that it looked like a paraglider or similar sort of very light aircraft. It had a red patch of color on its right side and a white one on its left. However, if it was such an aircraft, then it was neither attempting to gain altitude over the afforested terrain nor, apparently, seeking a landing spot. Instead, it was methodically stalking the elk herd.

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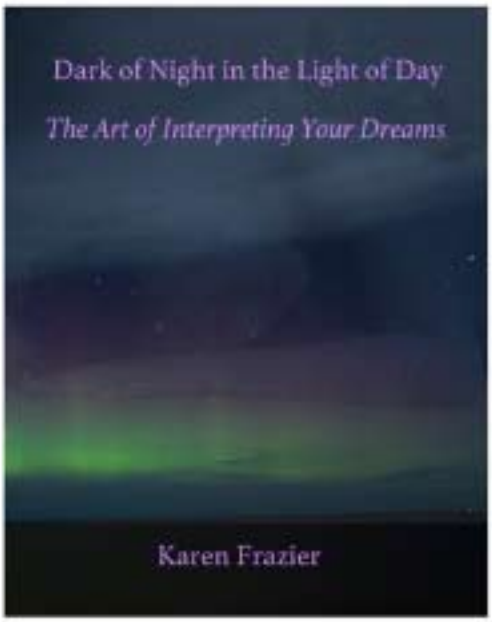
New from *Paranormal Underground* columnist

Karen Frazier

Unlock the power of your dreams



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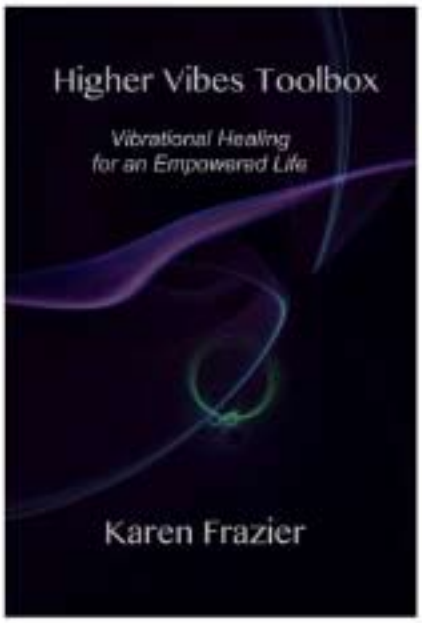
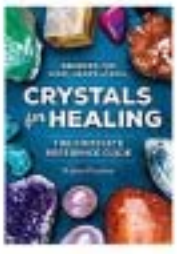
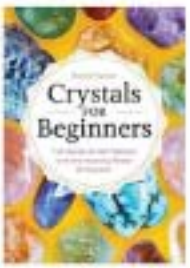


Also by Karen





AuthorKarenFrazier.com

The animals separated from each other and ran in panic. One, though, became isolated from the rest and ran toward the north. The object followed it, and it soon caught up with the terrified beast, whose escape was hindered by felled logs strewn across the ground. Moving along at only seven miles per hour or so, the mysterious craft had soon caught up on its quarry.

The resting worker cried out, and two of his colleagues looked at what was unfolding. (The attention of the rest of the crew members was still focused on the fleeing herd). The "wing span" of the object wasn't much larger than the elk — but it still had no difficulty in lifting the 500-pound animal off the ground.

The device had an unusual wobbling, oscillating movement as it flew along, and the elk somehow gathered in underneath. Bizarrely, the animal moved in tandem with its captor, as though it were welded to it. The resulting MUFON report referred to the elk appearing like "a solid metal sculpture" joined to the craft.

The craft moved away, eventually heading skyward at a 45-degree angle and becoming lost among clouds. The rest of the herd gathered into a tight group near the tree-line back on the mountainside — which indicates a defensive stance when a threat from a predator is perceived.

While 11 members of the work crew knew that something had spooked the herd of elk, three others had observed, in broad daylight, as these strange and somewhat unnerving events transpired — events in which an otherworldly technology and intelligence were clearly evident.

Source: Teddy Mafia via Flickr

... More Animal Mutilation Cases

In late 2001, U.K. researcher Graham Birdsall's *UFO Magazine* was contacted at its Leeds office by an elderly woman named Lilian Goodge. She had a strange tale to tell. During the Second World War, she had joined the Women's Land Army (WLA) to help out on farms while Britain's young men were in the armed forces.

The WLA continued on after the war, until the country's economy and infrastructure had recovered sufficiently. In 1949, while she and her colleagues were billeted at Brockington Grange, near Hereford, they were driven approximately 10 miles to a farm to help out with various tasks. When they arrived, the farmer displayed several dead sheep in one of his fields. He couldn't explain what had killed them — but they had not been mauled by dogs.

In the 1990s, Goodge had become interested in the subject of UFOs and associated mysteries and had started reading up on the subject. Before long, *UFO Magazine* ran a feature on weird deaths involving farm livestock ... and she recognized the photographs and descriptions of the animals' unusual injuries as being identical to those that she had seen on the farm to which she and her friends had been taken all those decades earlier.

A case in Northern Ireland was brought to the attention of the authors at the 2006 Irish UFO Conference in the course of a private conversation with British investigator and researcher David Cayton. From studying the summary notes that the former Royal Air Force member subsequently handed over to us concerning the case and from an initial lengthy interview with the County Derry farmer at the center of these shocking events, the resulting inquiries led to our investigation file growing to several inches thick.

As recently as 2017, despite all of the efforts made by all concerned to find a solution, the mysterious incursions on his property were continuing — leaving well in excess of 500 sheep dead.

The experiences of farmers attempting to liaise with officialdom in regard to inexplicable animal cases serve as a reminder to us all that when it comes to keeping certain topics away from serious public scrutiny, a government is a secrecy machine without equal. And if those responsible decide to turn their attention from animals to human beings, that machine goes into overdrive.

Is it possible that among the many thousands of people who go missing around the world every year, that there are some who have fallen victim to the intruders' sinister agenda — and that this horrific prospect has been concealed from us?

Carl Nally and Dermot Butler are the authors of "Circle of Deceit: A Terrifying Alien Agenda in Ireland and Beyond," now available on Amazon. ◆

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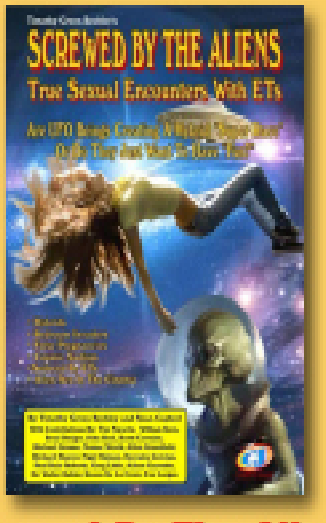

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Spirit? Ghost? Poltergeist?

Gef the Talking Mongoose Baffles Researchers

By Sean Casteel, Spectral Vision

If there were such a thing as a top 10 list of unexplainable phenomena throughout history, Gef would rank right at the top. Fortean researchers, parapsychologists, and skeptics alike would have to admit that they have never encountered such a bizarre but apparently well-documented case that is so completely devoid of hysteria in the timeless annals of the unexplained.

If Gef the talking mongoose is what it is claimed he is, he should certainly turn the heads of the scientific community, who at first glance would probably consider this to be a case of mass hysteria.

There is — as we shall see — every reason to recognize this talking animal as the Eighth Wonder of the World, a title for which he is wholly deserving, for it is said that Gef, an otherwise unassuming small rodent, could:

- Sing songs.
- Mimic the sounds of other animals.
- Read minds.
- Move objects through the air although he was nowhere near them.
- Chat with visitors from around the world, sometimes using vulgar language.
- Hide himself from curious eyes and become invisible whenever he wanted to.

Pictured above: The Irving household, including J.T. Irving, Margaret Irving, Viorrey Irving, and Mona the sheepdog.

Whatever the powers that lurk behind the curtain of paranormal mystery truly are, they usually manifest in dark and frightening ways. They are not shy or apologetic about inducing extreme levels of terror in the hapless percipients who encounter them. But in the case of Gef, the Talking Mongoose, it seems as though the spirits are having a bit of childlike fun, indulging in a whimsical playfulness where no one is really injured or frightened — just perplexed and made curious by a creature who crossed over from the other side and took up residence in the home of a farming family living on the Isle of Man, located in the Irish Sea between Great Britain and Ireland.

Publisher Timothy Green Beckley has done his readers a favor by resurrecting an out-of-print book about Gef that is extremely rare. The book is called *The Haunting of Cashen's Gap: A Modern Miracle* by Harry Price and R.S. Lambert. It was first published in 1936. Beckley is now providing not only the original text, but the updated research of present-day writers like Tim R. Swartz and Hercules Invictus.

"James Irving and his family found themselves in the crosshairs of a series of increasingly strange events," Swartz writes, "that would dominate their lives for years to

come. James 'Jim' Irving, an educated man, had previously been a traveling piano salesman, and although the farm was his retirement project, it was proving insufficient to support his wife, Margaret, and their young daughter, Voirrey. The farm was called Doarlish Cashen — Manx Gaelic for 'Cashen's Gap.' There were no neighbors nearby nor was there a telephone or electricity."

Beckley's updated reprint is called, simply enough, *Gef the Talking Mongoose*, and it opens with a chapter by longtime paranormal researcher Tim R. Swartz, who provides an excellent overview of the Gef saga and equips the reader with the basic facts as a precursor to the more detailed treatment by Price and Lambert.

Gef Introduces Himself

Gef made his first appearance on September 13, 1931.

"According to Jim Irving," Swartz writes, "he first saw a small, weasel-like animal in his farmyard that could bark like a dog and meow like a cat. Even more amazing, when Irving made other barnyard animal noises, the little animal would repeat the sounds back immediately. It wasn't long before the Irvings became aware that this creature had found its way into their home, announcing its presence with random scratches, rustling, and general activity between the walls and the matchwood paneling."

Thinking the sounds were caused by rats or other pests, the family set traps but caught nothing. Jim made a last-ditch attempt by growling like a dog at the invasive vermin, only to hear something growl right back. He then realized it was the animal he'd seen outside.

"Whatever it was," Swartz recounted, "it proved to be a talented mimic. It would repeat Irving's imitations of various animals and birds, and soon he had only to name an animal and it would promptly respond with the appropriate sounds. At other times, it made a gurgling sound like a baby that soon changed into actual words."

Voirrey, the family's young child, was fascinated by the new guest and would ask the creature to repeat nursery rhymes, which it would do in a clear, high-pitched voice. The family called the interloper "Jack," but he soon told his hosts he preferred to be known as "Gef," spelled G-E-F. He claimed to have been born in Delhi, India, in 1852, and he was brought to the island 20 years earlier when a farmer had imported mongooses to the area hoping to curb the local rabbit population. Gef said he had always understood human speech, but he learned to speak himself more recently, having been taught by Jim.

> **Gef claimed to have been born in Delhi, India, and that he had always understood human speech.**

As rumors of the strange creature spread throughout the Isle of Man, it was often claimed that Voirrey was fooling everyone by "throwing her voice," an explanation that Swartz skillfully debunks.

"This is not to say that Voirrey didn't at times imitate Gef's voice," Swartz admits. "In practically every poltergeist case that centers on children, there are instances where the child is seen to throw something or bang on a wall if they think they are not being observed. Voirrey was

→

Voirrey and James Irving stand on the front porch of Cashen's Gap.

probably guilty of this when Gef would become stubborn and refuse to make an appearance. But it is unlikely that Voirrey could have managed to keep such a long, drawn-out hoax going for as long as the phenomenon lasted."

Investigators speculated from the beginning that Gef was a haunting of some kind — possibly a poltergeist.

"Gef could produce knocks and raps all over the house practically simultaneously," Swartz writes. "He was also fond of throwing things at the Irvings and their guests from cracks in the paneling. As well, Gef claimed to be able to travel all over the island and repeat various conversations that he had overheard. He also had a rich vocabulary of swear words and loved to sing songs that were unknown to his hosts. These antics are very similar to poltergeist pranks, and even Jim Irving thought at times that Gef was more than just an 'extra-clever mongoose.'"

The case attracted attention from the media. News of the mystery first reached London in October 1931, when an item concerning a "man-weasel" appeared in the press. A newspaper called the *Daily Sketch* published a photo of the Irving cottage with the caption "The Talking Weasel Farm," and the *Daily Mail* and other journals briefly reported strange events at Doarlish Cashen. The Northern newspapers took a larger and more sustained interest in the affair because the talking animal was a near neighbor and naturally paid more attention than the London newspapers.

Early in 1932, the *Manchester Daily Dispatch* sent a reporter to the Irving farm in order to investigate the mystery at its actual location. He was fortunate enough to hear Gef speak.

"The mysterious 'man-weasel' of Doarlish Cashen has spoken to me today," the journalist wrote. "Investigation of the most remarkable animal story that has ever been given publicly — a story which is finding credence all over the island — leaves me in a state of considerable perplexity. Had I heard a weasel speak? I do not know, but I do know that I have heard today a voice which I should never have imagined could issue from a human throat; that the people who claim it was the voice of the strange weasel seem sane, honest, and responsible folk and not likely to indulge in a difficult, long, drawn-out, and unprofitable practical joke to make themselves the talk of the world; and that others had had the same experience as myself."

Jim Irving told the reporter the story of how the animal had taken up residence in the family home but denied that the place was haunted.

"There are no spooks here," Irving declared.

Who or What Was Gef?

The publicity in various media outlets quickly piqued the curiosity of psychic investigators Harry Price and R.S. Lambert, who would team up to write the aforementioned paranormal classic *The Haunting of Cashen's Gap* based largely on their own on-site investigation of the Irvings and their mysterious houseguest.

In their introduction, the pair writes: "The following pages are an essay in the Veracious but Unaccountable. Whether looked at from the point of view of psychology, of psychical research, of anthropology ,or of sociology, this true story of Gef is very odd. We have been moved to set it down in as full a form as possible in order that everyone interested — including, we hope, posterity — may be in a position to form their own judgment about it.

"To believers," they continue, "it will represent proof of a miracle; to skeptics a lesson in the laws of evidence. Some will call it nonsense from first to last; others will admit it to be at least as good as most ghost stories.

Throughout we have sought to avoid mere credulity on the one hand and prejudiced skepticism on the other. There may be readers who will be disappointed that we have at the end no cut-and-dried solution of the mystery to offer, but this only suggests that the facts, as we have honestly tried to set them forth, are susceptible of various explanations."

The authors comment that although the farm yields little or no produce and that most people would find their lifestyle nearly intolerable, the Irvings are still a "united, cheerful, and healthy trio of normally intelligent persons. Nevertheless, into their lives has entered a mystery, perhaps one of the most curious and unaccountable mysteries of our times. Their solitary farm has become the scene of what is alleged to be a supernatural visitation — such a visitation as was common enough 300 years ago, when the reality of witches and their familiars was acknowledged and feared."

And what does Gef call himself? He cannot be relied on, the two investigators write, to tell his hosts exactly what he is. At various times he has called himself a mongoose and an "earthbound spirit." This last description, they write, is a "purely spiritualistic term," adding that Gef is thought to be afraid of dying, so he cannot be assumed to have made the transition to the world of the dead.

The Irving's did not see Gef as a frightening creature but more like the family's pet, one who could feast on biscuits, chocolate, and bananas and helped them keep the stoves lit. But to others he was considered a "monstrosity," a freak of nature, an abomination to God.

Gef himself seemed confused about his identity. He once said he was from another dimension, that he was a spirit, but took that back by intimating, "If I were a spirit, how could I kill rabbits?" When quizzed on why he was so reclusive, Gef said he was not a pleasant sight to behold. That some might be frightened and see him as a "real freak."

Gef suddenly took to singing and speaking in strange tongues. The authors were told that "the voice is extremely high-pitched, above the human range, with a clear, sweet tone." He began to sing more and more: songs, hymns, and ballads. Some of these the Irvings knew; some were new to them. His singing became almost a nuisance.

Jim Irving using a pair of knives to show the depth of a crack in the matchboard paneling from where Gef threw a packing needle at Capt. McDonald.

One Big Happy Family?

Though the Gef phenomenon seemed at times to center around Voirrey, she told the authors that she had no great love for him. However, she saw more of the animal than anyone else and was the only one to see all of him. Her parents frequently pleaded for him to show himself fully but were always refused. They sometimes saw a portion of him sitting on a beam or glimpsed something flashing past a gap in the hedge, but that is all. When they asked him to come out in the open, Gef answered them by saying, "I am a freak. I have hands, and I have feet, and if you saw me you'd faint. You'd be petrified, mummified, turned into stone or a pillar of salt!"

That last remark about a pillar of salt led the researchers to speculate that Gef must have attended Sunday school somewhere. Gef also found enough amusement in his living situation to make the Irvings familiar with the sound of his laughter.

"If laughter indicates happiness," the two researchers reasoned, "then Gef must be supremely contented in the bosom of the Irving family. He laughs all day. He possesses an extensive repertoire of laughs. To quote Jim's

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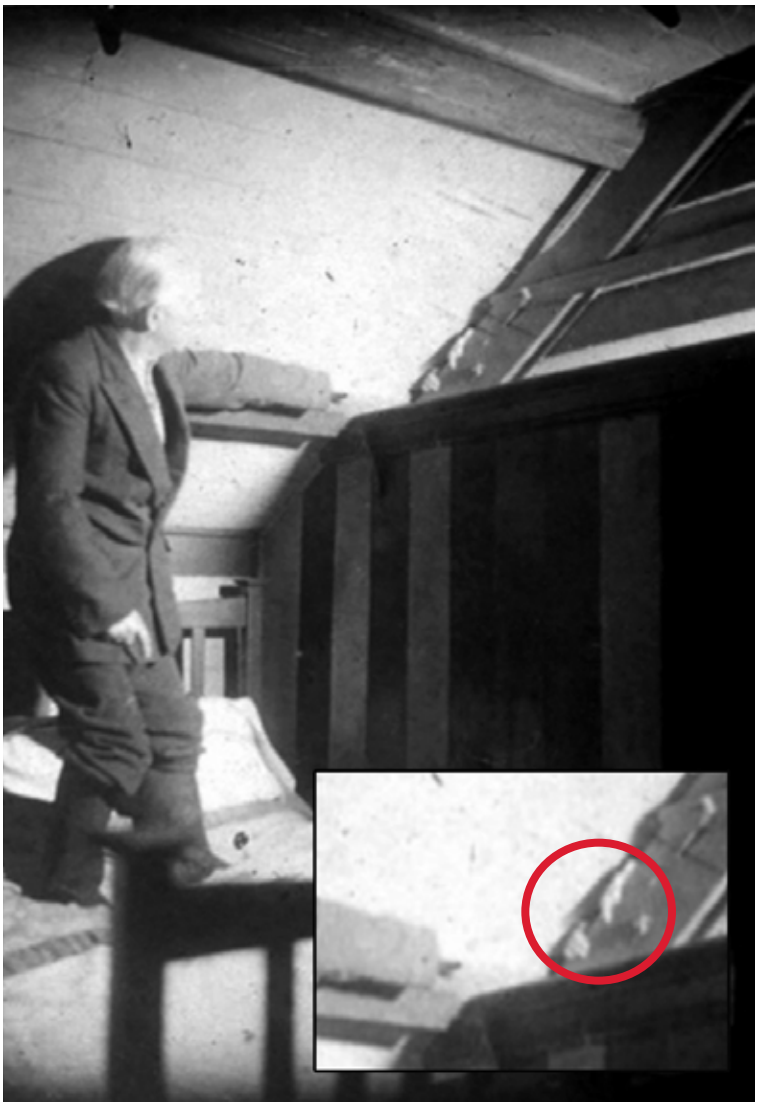

Jim Irving pointing to what could be Gef's fingers protruding along the edge of one of his hiding spots.

description, 'Sometimes it resembles the tittering laugh of a precocious or mischievous child; at other times I would say it was the chuckling laugh of an aged person, and another distinct type is one which I would say was satanic laughter, or the laughter of a maniac.

"We all have a most intense dislike to this last laughter, as it is very trying. But, fortunately, we do not get this kind very often.'"

Trying to Express the Ultimate Truth

Price and Lambert can only offer three possibilities as to ultimate reality of Gef. First, Gef exists and haunts Doarlish Cashen, substantially as the Irvings say he does. Two, that Gef is a product of hallucination and fantasy. Or three, that Gef is a product of conscious deception. Acceptance of the first conclusion rules out the other two, but the second and third conclusion are not exclusive of each other and may be entertained together or separately.

In assessing the reality of Gef, the authors are unwilling to sweep away the many trustworthy outside witnesses who heard Gef and were certain of his independent existence. They take very seriously the findings of people who also visited the farm, such as spiritualists, teachers, hikers, relations, and neighbors and are unwilling to discount their statements.

Given the reality of Gef, the authors speculated that had he been rather more docile and agreeable in his behavior, less elusive in his manifestations, and more pleasing in his personality, he might have become in time the center of a sort of cult.

In spite of his deficiencies, he gained a circle of admirers eager to hear his latest doings, ready to pay periodic visits to his shrine and to bring small gifts to win his good will.

"It is the stuff of which oracles are made," Price and Lambert write, "and the foundation on which temples are built. Gef rejects spiritistic interpretations of himself and yet will not or cannot reveal his own identity. He has no message to give out, no real miracles to work.

"It is certain that 'doubters' will abound and that the faithful themselves will be able to do little more than acclaim Gef, with all his wit, malice and tomfoolery, as A VOICE AND NOTHING MORE."

But what a fascinating voice! Whether it came from a "clever" mongoose or a poltergeist in animal form, reading *Gef the Talking Mongoose* will more than satisfy occultists and students of the supernatural like few other works available today.

Oh, and by the way, there is even an account in the book of a talking stove — yes, I said talking stove — that goes well beyond the boundaries of Gef's abilities as an animal to speak. The universe gets stranger all the time. Where are John Keel and Charles Fort when you need them the most?

Suggested Reading

- *Gef the Talking Mongoose — The Eighth Wonder of the World*
- *Weird Winged Wonders: The Twilight World of Cryptid Creatures*
- *America's Strange and Supernatural History*
- YouTube Channel (400-plus interviews posted): "Mr. UFOs Secret Files"
- Sign up for Facebook group Gef The Talking Mongoose ◆

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The Journey of Light: BETTY'S STORY

By Rainbow Radaelli, Truth Seeker Highway

Sometimes along our journey in life, we get lucky and cross paths with those who walk not only to their own tune, but they make you want to dance along with them. To put it simply, when Betty crossed my path not so long ago, I immediately saw her inner glow and knew instinctively that she was a kindred soul, a sister of magic and mystery, and I wanted to dance right alongside her.

Betty, like most empaths, is a source unto herself. She carries a light that is brighter and more beguiling than most because her brilliance is easy on the eyes. This unique brilliance for some reason is comforting and yet unsettling at the same time. I think this is because with most people you don't usually glimpse the ethereal world just by first glance.

It's almost as if the shadows know to stay hidden when she walks by because they wouldn't have a chance to regress even into the littlest of crevices. Unique individuals like Betty, who are born with this illuminating glow, are the true light workers of our time.

So with that being said, this journey of light starts out in the most ordinary of ways. By this I mean being born into a family that is like many other families, living a life full of traditions, ideals, and possibilities. Isn't this where an empath shines the most because the mystical tutelage of the unknown tends to overshadow most family members.

It's not by mistake that Betty has walked her path welcoming the unknown. She understands its temperamental ways, and for many years she has worked within its limitless and mercurial confines.

Even the unknown can be a daunting prism, divergent of explanations and understanding, propelling the empath into a life of inimitable discoveries trying to resolve the mysteries of life. As with all empaths, curiosity of the unknown starts at a young age, which is why Betty as a child experienced the high strangeness of life unafraid of its perils.

As an empath, Betty sometimes knows what's going to happen beforehand. She knows when someone is lying. And she can see people's auras and sense strong emotions.

Prophetic dreams and her psychic progression as a child made it seem as if she was a willful child. At the age of four, Betty became aware of a gray substance pouring out of people's mouths when they were not being truthful, yet no one else could see this but her. I'm not surprised this happened to Betty because empathic children have an augury sense to them that includes seeing people's auras

and feeling strong emotions around them. This fits Betty to a tee.

Death isn't the dead-end in an empaths mind. As a child, Betty felt happy for those who passed on, yet she knew from the reaction from those around her that a happy face full of giggles wouldn't be accepted.

I found Betty's reaction to death at such a young age very interesting, because many Native Americans view death as a stepping stone or doorway to greater things. It's amazing as a child she was born with this insight.

> **Betty is a modern-day light worker who was born with a special insight into life and death.**

The truth of the matter is, Betty doesn't see herself as an empath; she avoids being labeled ... period. I'm the one that actually checked this box for her because as an empath myself, I saw her aura, almost all white with golden flickers of light exploding out from within her. The Aura Borealis has nothing on her!

Betty's teen years seemed to be expansive and far reaching. She looked at it all and realized that she already knew her definitive view about life and her connection to it. As with many empaths, she was naturally born with the answers that so many search their whole lives for.

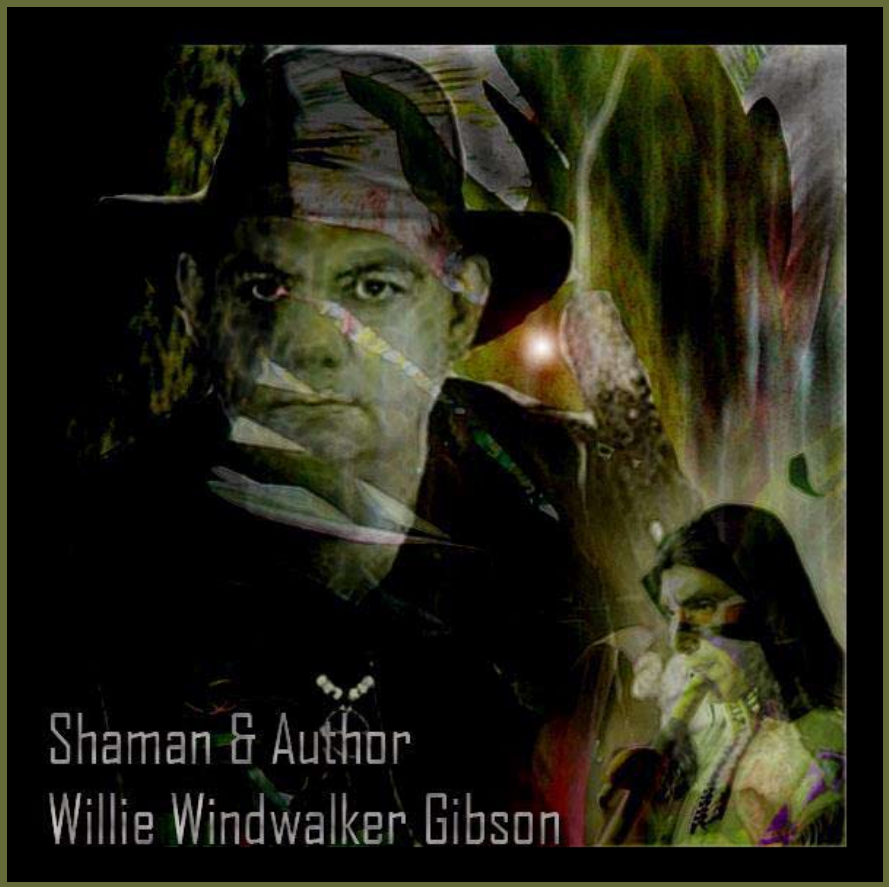
Being in touch with her inner self helped Betty know things that were going to happen before they did. On one occasion while she was in high school, she descended down a spiral staircase and was hit immediately with a wave of panic, fear, and an overwhelming wash of emotions that nearly doubled her over. Right at that same time, she knew something had happened to her sister.

When she got home, her parents told her that her sister had been in a car accident but, fortunately, was OK.

Betty realized many moons ago that it came down to her trusting herself and paying attention to her gifts so that her abilities could grow. Light workers who are like Betty, aren't just the calm before the storm; they can quite literally change the weather of emotions that swirl in people's minds.

Betty is a modern-day light worker, and she is an empath that encompasses more than meets the eye. She is someone who walks her talk. It's not just a verbal dialogue that I'm talking about, but it's her empathic ability to speak with a reassuring smile and a twinkle in her eye.

When you look into the eyes of an empath, the world changes for the better. Label or not, this is Betty. ◆



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Reframing Health Conditions

By Karen Frazier, AuthorKarenFrazier.com

I believe our thoughts become things and where we focus our energy is what we create in our physical lives. So I truly believe it has been my pattern of thoughts and beliefs throughout my life that has created any and all health conditions present in my life right now. And I also know if I created a health condition, I can dis-create it.

To do this, however, takes great focus and faith. It means I have to learn to look beyond what I perceive as my physical reality to the subtle energies that underlie everything. And when I'm struggling with symptoms from a health condition, this isn't always easy to do. After all, if something hurts, that feels pretty darn real.

The other thing I need to do in order to dis-create a health condition is to actually stop believing the condition is irreversible. And since I am a physical being living in a physical "reality" where I've learned certain conditions are, indeed, permanent (just ask WebMD), I also have to battle against beliefs I've held since I was very young about the nature of reality and the physical realm.

It's a pretty tall order — especially given that I am as firmly rooted in my physical presence as anyone else. As an intuitive energy healer, I have a lot of tools at my disposal to help with this, but I am still a product of a lifetime of beliefs.

Likewise, it doesn't help that in my thoughts and words, I take ownership of my condition and in doing so, I reinforce the belief the condition is something that is a permanent part of me.

For example, I've been pretty open that I am living with celiac disease and Hashimoto's thyroiditis. These are conditions I've written about a lot (including writing books about them), so they are a powerful part of my self-image. I think and say frequently, "I have celiac disease. I have Hashimoto's thyroiditis." And every time I say or think those things, I strengthen their energy in my life and

reinforce the energy that these things are a part of me and always will be.

With celiac disease, I also continue to give power to the belief system by studiously avoiding gluten, and that's not something I'm going to stop doing for the foreseeable future. However, it creates a unique energetic challenge for me. Every time I eat in a restaurant, dine with someone else, or shop for food, I scour ingredients to ensure there's not even a trace of gluten in them. And every time I search for gluten ingredients, I'm reinforcing the belief, "I have celiac disease."

I was teaching a reiki class this weekend with a group of women. During the course of the class as I talked about

various aspects of energy healing, I noticed myself a few times using my celiac disease and Hashimoto's as examples saying, "I have celiac disease. I have Hashimoto's." Then, one of the women mentioned to me a condition she has, and something clicked into place.

Every time we say, "I have _____ condition," we are owning that condition. We are saying, "This condition is part of me and always will be," and in doing so, we are reinforcing its energy. I realized I needed to change the way I think and communicate about any health condition I might have, whether it's temporary or "permanent" in order to change the energy surrounding it. Because if I own it over and over again, I strengthen it.

Reframing a health condition allows us to create new pathways to healing.

So if the language, "I have ..." or "I am ..." is creative and brings about conditions in our lives, is there a way to change how we think and speak about a condition or disease so we don't create energetic ownership and set it more deeply in our psyches?

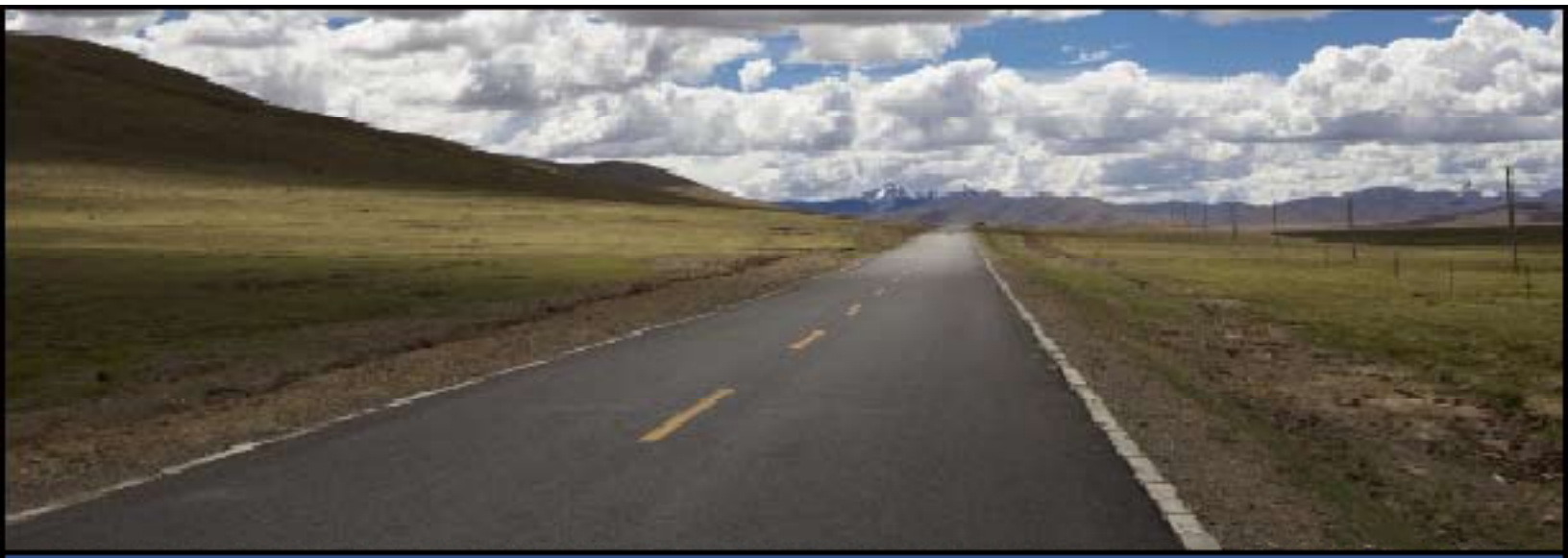
In the class, I struggled to come up with new wording that resonated with me. I offered things like, "I am living with ..." and "... is my partner in life right now," but even those felt too ownershippy.

Then, on the way home, I realized there was a way of thinking and speaking about illness that worked for me. And since so many people struggle with chronic health issues, I thought I'd share it with you as well. The phrase I came up with is this: "Celiac disease is my teacher right now. Hashimoto's thyroiditis is my path to awareness right now. A migraine is challenging my preconceptions right now."

With these statements, I've acknowledged a condition or a symptom exists, but I'm not owning it. Instead, I'm recognizing it for what its presence really is in my life: a path to my higher self and ultimately a path to my healing.

This feels right to me. It's new. I'm working with it. But I wanted to share it with you. If it resonates, if it feels right, I recommend you try it. Find a non-ownership phrase that helps reframe a condition, symptom, or illness and try to bring that into your consciousness whenever you feel yourself taking ownership of the illness. It could just create a new pathway to healing.

Read Karen's new energy healing book, "Higher Vibes Toolbox: Vibrational Healing for an Empowered Life," which is available on Amazon. ◆



Treat the Source of Your Pain, Not the Symptoms

By Dr. Athena Perrakis, Sage Goddess

In Western medicine, one often hears the phrase "referred pain," which is pain experienced elsewhere than its source. For example, you can break your left arm and feel pain your right arm. Western doctors explain this phenomenon as the convergence of nerves along the spinal column, which results in confused messages.

In spiritual terms, referred pain is often delayed pain — pain you would rather experience somewhere else, as someone else. It is pain you postpone. But when you fail to isolate the source of pain, at best you treat the symptoms; you never cure the underlying condition or disease. In your life, and in your body, you must make it your conscious priority to identify where the pain you feel has its roots. You can't just prune the leaves on your trauma tree; you have to dig it out of the ground and remove every last root.

Pain and trauma are part of the human condition; this truth is at the core of Buddhism, in fact. If you are human ,you will suffer. How you react to your suffering, how attached you become to it or the source of it, dictates how you experience suffering. Most likely you have tried before to kick your pain down the cosmic road and been unsuccessful.

Pain can only be deferred if it is not karmic; in other words, if something is catching up with you, there really is no place to run or hide. If your pain is the result of your karma, you need to experience it in order to make spiritual progress. Pain is wisdom, data, information. It tells you a story you need to hear. The more you soften into your pain and allow it to whisper its wisdom to you, without trying to postpone it or silence it, the more likely you will be to heal or transmute it.

All of us have referred pain. The question isn't do you have it; the question is what kind of work does your referred pain require to be healed? Referred pain tends to emerge in one of two ways, as described below.

1) Shadowing All Over People, Also Known as Projection

Shadowing on people is the same as projecting onto people — it is the process of imprisoning someone else in your story. Only people who have not fully excavated their shadow are capable of shadowing on others; when you come into healed space around your shadow, you no longer have stories that are hidden from yourself. You become aware of all the stories, and so it would not occur to you to try and project them onto others.

Once you are aware of your stories, they cease to be stories — they become integrated realities. As a whole person, you no longer desire to punish others for your misfortune or blame others for actions they may or may not have taken. You are no longer avoiding your own work, so you do not wish to give your work to others. You recognize that your path to evolution requires this work, and you sometimes consciously seek it before it comes to you.

You experience forgiveness, peace, and surrender in ways that also allow you to offer those qualities to others. Love becomes both your focus and your filter; you see the world through the eyes of love and compassion.

We see this so often in social media, where people project their experiences or pain onto others, sometimes consciously and other times subconsciously. Many people are unaware of their triggers, which are accurate teachers about shadow work that needs to be done. Since social media is one big trigger, or in fact many millions of triggers happening 24/7, those who have not done their shadow work to explore their referred pain make inaccurate assumptions about the root(s) and source(s) of their pain. They fail to see the relationship between a trigger and the root trauma. Only by coming into this awareness can they break the projection cycle. And coming into awareness is an entirely spiritual process.

> *By doing 'shadow work,' you can surrender painful and traumatic experiences.*

There is no "figuring this out." By peeling back the layers of your "soul onion" you discover where all your landmines are — one by one, disarming them through shamanic healing practices that transform pain at its source: the only true path to healing for a lifetime.

2) Overreacting to People or Situations

Overreacting is a clear sign of emerging shadow energies. When you overreact, you go beyond what a reasonable reaction should be and express deeper rage, sadness, confusion, or concern about a circumstance or event.

This happens when an event triggers a painful or traumatic memory that is related in form or energy. Now the current event becomes both the event and whatever the past event triggered in you, and the person on the receiving end has no idea they just got a 2-for-1 deal.

The Benefits of 'Shadow Work'

When you do your shadow work and excavate all your tricky sticky spots, you will no longer have them to serve as anchors for future experiences. You can't trigger a memory that isn't painful for you anymore. You can surrender painful and traumatic experiences by simply allowing yourself to find and feel them, send love and light to them, and through that light, healing begins.

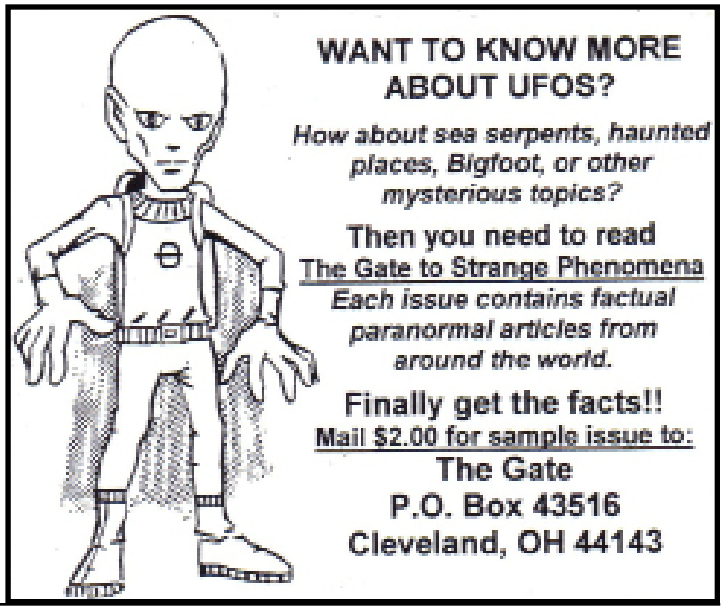
Overreacting happens often in social media too, where people have a disproportionate reaction to a post or thread. For those who have not done shadow work, this can spiral out of control very quickly. The result can be pain within online communities and additional trauma.

When you are aware of your triggers and your stories, you remove the stinger from them and hamper their ability to control you or your destiny.

Turning within and doing inner discovery work is optimal when planets are in retrograde. Retrograde activity also leads to confusion of signs and symbols, inhibiting communication, so extra care must be taken to be sure you are interpreting what you see with clarity and accuracy.

Throw in a few eclipses, the Lion's Gate opening on August 8, and you have a dramatic cosmic storm lined up just for you. Also, a massive invitation to step forward and say, "Yes, I am ready to do my soul and shadow work, because I don't want to be that person who can't see her own shadow, and thus becomes so afraid of it that it begins to rule her life."

No, that is not your birthright. Your birthright is clarity and purpose, peace that comes from knowing who you are, and loving yourself in spite of whatever flaws you perceive or wish you could fix. You won't see yourself the same way once the work is done.◆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Spirit Jumpers

By Willie Windwalker Gibson

I have had to go on many cases in the past that had to do with "jumpers." A jumper is a spirit that can go into things. They can jump into humans, animals, and even mirrors. A spirit that jumps into things is the hardest to deal with.

Jumpers are not all bad, however. It depends on the spirit you're dealing with and what their motives are. I'd like to share one case with you that I was called out on about 10 years ago.

* * * * *

It was spring 2008 when my phone rang. When I picked it up a panicked caller was on the other end of the line. She shouted out, "Is this Windwalker?"

I said, "Yes," and she said her name was Betty and she was from Fairdale, Kentucky. She told me she was having a problem with a spirit in her home. She had seen shadows in all of her rooms, things were moving about on their own, and her dog was even scared to be in the home alone. Then she told me she has seen full-bodied spirits walk through the house.

Betty was divorced with two young children at home, ages seven and nine, and she feared for her family's safety. I told her I would be out the next day.

* * * * *

The next morning I drove to Betty's house. It was a one-story, ranch-style house. It had a nice yard with flowers in front. I did not sense any demonic energy outside.

As I knocked on the front door, Betty appeared. After I introduced myself, she asked me inside. I looked around the living room and saw that the house was clean and tidy. Many times activity in a house is because of poor housekeeping.

Betty said her children were at her sister's house. So, with her permission, I walked around the house, going through each room to see if I could sense an energy trail from any entities that might be present. When I got to the master bedroom, I saw a large, full-length mirror. As I walked up to the mirror and stared into it, I could see the face of a man staring back at me.

He looked to be in his 60s with a weathered face and gray hair. He was dressed in a dark suit. I asked him what he wanted and if I could help him. But he rushed at me through the mirror; and I could feel him jump me.

Instantly, I could sense memories coming from him. The message that I got was that he was lost and did not know where he was. I could see my body in the mirror, but his thoughts were in my head.

I managed to gain control and started to communicate with the soul. He told me that he wanted to move on and asked for my help. I told him I would help.

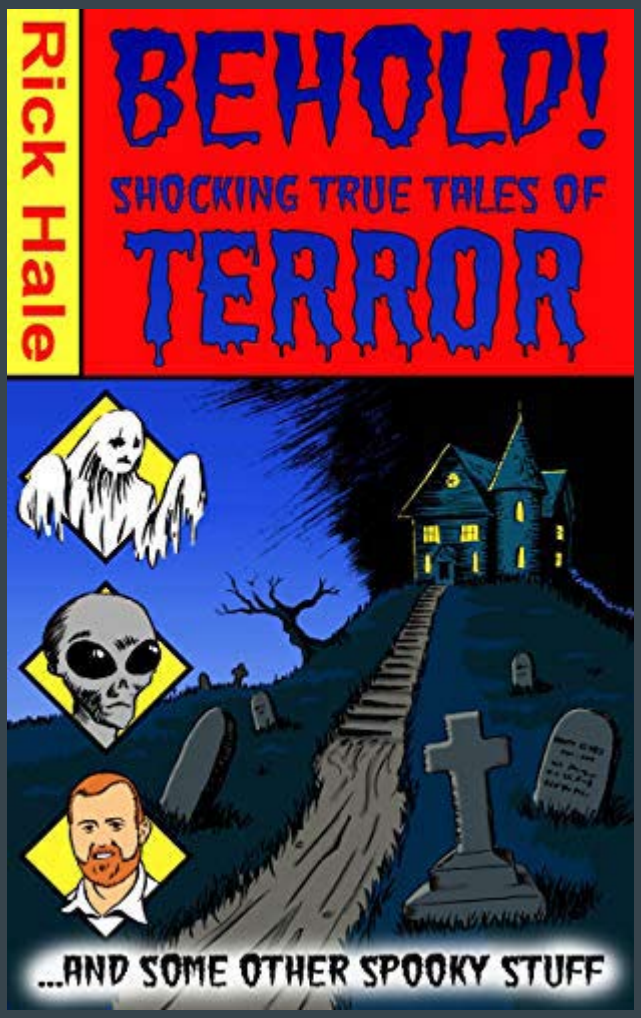
I told him to get out of me and go back into the mirror. I felt a pull, and then he appeared in the mirror.

I asked him if there was anyone else with him in the mirror, and he said, "Yes." So I told him to draw them closer to him. He did so.

I took some sage from my pocket, lit it, started a releasing prayer, and blew the smoke from the sage at the mirror. The mirror fogged up and then cleared away. When the sage smoke cleared, the mirror was clear. I could see nothing.

I then started walking through the house, placing smoke in every room. The house started getting lighter, and soon I could see the house was clear.

I told Betty that everything was OK now and the house was safe. She was very happy. I told her if she had any more problems to call me, and I left.◆



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PANSPERMIA
The Origin of Life on Earth?

By Maria Anna van Driel, The Next Truth

How life originated on Earth is a question that people have pondered for ages. Intriguing theories and questions asking if humans could actually be Martians is a slightly flippant way of asking: Are planets isolated islands or can they transfer life? In other words, could life have been transferred from Mars to Earth in meteorites?

As a result of this question, a variety of theories have piled up; some are based on religious doctrine, while others are purely scientific. Still other theories reach the border of science fiction.

What we do know is that life travels around the Earth. For example, birds can fly from one country to another, and dandelion seeds can drift through the wind from one continent to another.

So can life be transferred from one planet to another? One possible answer to this question hovers on the border of science fiction; it's called the "panspermia theory." Does this theory speak of scary aliens from deep space looking like giant cockroaches trying to merge with the human species? A killer virus from a neighbor galaxy or an invasion of plural slimy worms slithering the Earth's surface searching for the most perfect host, which will be YOU?

OK ... it does not, but you catch my drift ... right? It may not be such a far out idea that life on Earth was, maybe even IS, supported by lifeforms having an extraterrestrial origin.

Now, before you get too excited, let me explain ...

Panspermia is a reasonable idea because we know that rocks can be transferred from one planet to another while containing life, allowing other planets to be inoculated. In fact, the idea of "life from outer space" was mentioned in the writings of the 5th-century BC Greek philosopher Anaxagoras. And panspermia began to gain a more scientific form through the proposals of Jöns Jacob Berzelius (1834), Hermann E. Richter (1865), Kelvin (1871), Hermann von Helmholtz (1879), and finally reaching the level of a detailed scientific hypothesis through the efforts of the Swedish chemist Svante Arrhenius (1903).

The scientific hypothesis of panspermia — which roughly translates from Greek as "all seeds" or "seeds everywhere" in the form of bacterial spores, tardigrades (microscopic animals that can survive in extreme conditions, including space), or whatever — says these "seeds" spread promiscuously through space, hopping from planet to planet and hitching rides on meteorites and comets.

In April 2018, a Russian team published a paper that

disclosed that they found land and marine bacteria DNA on the exterior of the International Space Station (ISS).

Nowadays, science assumes that there is a very large possibility that extraterrestrial life is not only plausible, but probable or even inevitable. Many scientists believe that the chemistry leading to life may have begun shortly after the Big Bang, 13.8 billion years ago, during a habitable epoch when the Universe was only 10 to 17 million years old.

So, probes and instruments have been launched from the planetary surface — in other words ejected into outer space — where they examine other planets and moons in the Solar System, or even in other planetary systems, to search for evidence that they may have once supported simple life.

> **There is a high possibility that extraterrestrial life is not only plausible, but probable or even inevitable.**

Related projects in the search for extraterrestrial lifeforms include the Search for Extraterrestrial Intelligence's (SETI's) attempts to detect radio transmissions from possible extraterrestrial civilizations. And other projects, such as those being conducted by the IceCube Neutrino Observatory in Antarctica and the European Organization for Nuclear Research (CERN) in Switzerland, are focused on detecting if the possibility of communication with the neutrino is possible between galaxies.

Back to panspermia ... it is an accepted theory by modern science and suggests that life on Earth did not originate on our planet, but was transported here from somewhere else in the Universe. And while this idea may seem straight out of a science fiction novel, this process in real bacteria from outer space creeping in and merging with the DNA of earlier earthly lifeforms is seriously discussed and shows a broad line of thoughts in an idea holding a partial answer to the origin of life on Earth.

Just think about the possibilities ...

This theory, which proposes that microscopic lifeforms can survive the erratic effects of space, is really telling us that "alien" lifeforms can become trapped in debris that is ejected into space after collisions between planets and small Solar System bodies that harbor life.

In order to support this theory, checked laboratory processes have shown that some bacteria do have the ability to grow at temperatures as high as 113°C, while at the other end, microbes can thrive at temperatures as low as -18°C. They can even tolerate high doses of ionizing, ultraviolet radiation, and extreme pressures; and other alien lifeforms can even be preserved in liquid nitrogen at -196°C.

Stefan Schwager, director of the observatory of Riesa in Germany, said that an asteroid plunging into the Earth is not the only occurrence that could have caused an extinction-level event. The theory of panspermia is well known and discussed at this German observatory.

"We can find lifeforms everywhere on the Earth," Schwager explained, adding that bacterial life can be found from the coldest areas to the hottest ... in the

→

Tardigrades are microscopic animals that can survive in extreme conditions, including space. (Source: Darron Birgenheier via Wikimedia Commons)

deepest water channels to the highest atmospheres. "And through the space-station ISS, we know that even microbes have the ability to survive in elastic vacuum."

So, let's imagine a big chunk of rock that is traveling with enormous speed through the Universe — originating from who-knows-where — passing, for instance, the Andromeda Galaxy before hitting a host planet. As this happens, it is most likely that the asteroid comes into contact with several stars, gas clouds, nuclear energy, and magnetic pulses from planets and moons.

> "The findings support theories that life might not have originally arisen on Earth, but was seeded from space."

A comet or asteroid encountering these erratic conditions in the Universe could provide the bacterial lifeforms that are traveling with this asteroid enough "fuel" to evolve into a primal species from outer space.

Although computer models suggest that a captured meteoroid would typically take some tens of millions of years before colliding with a planet, there are documented, viable earthly bacterial spores that are 40 million years old and are very resistant to radiation, while others are able to resume life after being dormant for 25 million years. This suggests that lithopanspermia ("the transfer of organisms in rocks from one planet to another either through interplanetary or interstellar space") life-transfers are possible via meteorites exceeding one meter in size.

One key breakthrough was a study in 2000 that concluded a rock from Mars found on Earth remained cool enough to sustain life during its violent ejection from the Red Planet and its fiery trip through our atmosphere.

"The findings support theories that life might not have originally arisen on Earth, but was seeded from space," according to a *New York Times* article.

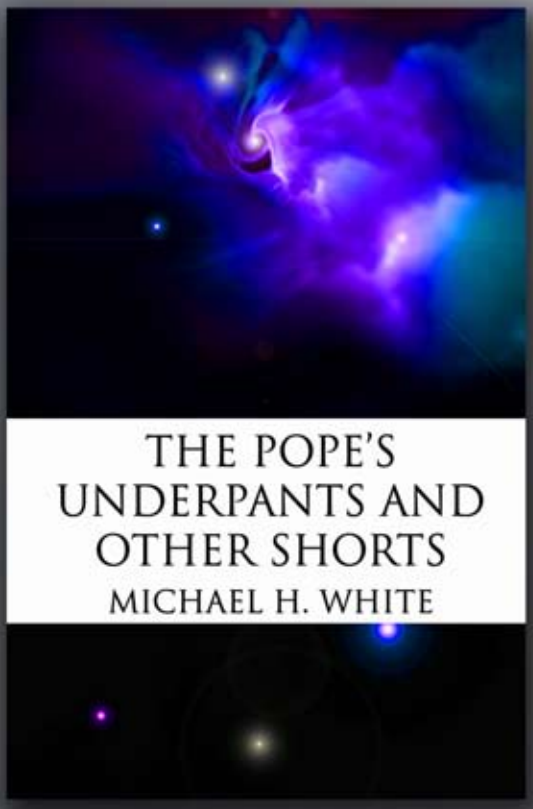
The article went on to quote Benjamin Weiss, a graduate student at the California Institute of Technology who led the study: "What's exciting about this study is that it shows the Martian meteorite made it from the surface of Mars to the surface of Earth without ever getting hot enough to destroy bacteria, or even plant seeds or fungi,"

It definitely makes you wonder if there were any higher lifeforms aboard to sustain life 16 million years later here on Earth.

Panspermia — a theory that speaks of how life could originate on one planet and then be transferred to another planet — obviously remains highly speculative, but if we ever do find life elsewhere in the Solar System and if that life bears eerie genetic similarities to life on Earth, it would be compelling evidence in Panspermia's favor.

However, it is most likely that microbial life on Earth could have traveled here from Mars, the moon, or even from another star system and then evolved into the plethora of species seen today.

In essence, we may all have ancestors from another galaxy. ◆



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A Strange Encounter With the US Military in the UK Countryside

By T. Stokes, Holistic Palmist

In the early 1990s, an old friend contacted me and said she was very ill. She asked if I could visit her. There was a sense of urgency in her voice, but because it was raining, I told her I could l visit her the next day.

The next day I took the train, exited at the nearest rail station, and proceeded with a long walk through some desolate English countryside. When Britain entered the EU, many small farmers could not make a living. On the walk, I passed several abandoned farms and walked on

grass verges, as there were no sidewalks, before coming to a long dirt road, which left the main road and went off into the distance.

Suddenly, I noticed heavy vehicle tracks in the mud leaving the main road and going off along this dirt track. These tracks surprised me, as they were from specific Uniroyal tires that fit U.S. military vehicles. I wondered why U.S. military vehicles would be using this dirt road miles from anywhere.

It was then that I remembered Winston Churchill gave dominion of the U.K. and all its then-colonies to the U.S. if they came and fought his second war on Germany. This is why we are now a country under occupation; back then the flatlands of East Anglia were dotted with dozens and dozens of U.S. airfields. The Americans would often say that England was a ready-made aircraft carrier.

So taking a good look at these tire markings it appeared from mud splashes that some were deep, as if carrying a heavy load, and some were not deep, as if heavy items were being delivered and the lorries were then leaving empty.

So smoothing out all the markings with my foot and a dead branch, I continued on my journey.

* * * * *

Coming back early next morning, I noticed a lorry had come in and then again left empty. I decided I had to look into this. I walked the long dirt road to the brow of the hill, at which time I could see in the distance some large farm-type buildings and a couple of buildings in military camouflage.

As I walked nearer, signs loomed into view: "Trespassers will be prosecuted," "Private property," "No visitors," and "CCTV working here 24/7." Seeing an electric fence

around a couple of the buildings, I was very curious indeed. I walked back to catch my train home and hatched a plan.

* * * * *

A couple of weeks later, I arrived back and again examined the military tire marks. I then walked the long dirt road to get as close as I could to the mysterious buildings. I kept wondering what was going on.

I took an artist's tripod out of my large rucksack and clipped a piece of paper on it. Then I sat on a small stool with my back to the base and started painting a nearby tree. I kept watch on what was happening behind me with a mirror on the picture I was painting. Soon enough, I heard shouts. Military men were running about and coming toward me menacingly.

I slid the mirror behind the paper and waited for them to arrive. I was quickly surrounded by big, gruff men who kept shouting, "Can't you read." I told them I had tracked down a rare British bird who had a nest in the tree, they were intruding on my privacy, had scared off the bird, and to please go away.

Me and my equipment were rapidly bundled up, and I was escorted into the base, just as I had hoped. It was the only way I could see inside. I was then taken into a temporary building with the smell of cigar smoke. A senior chap in military uniform asked me what the Hell I was doing. He kept asking me my name and address, while another man was also barking other questions at me.

Several men searched me and my stuff. They then pulled out a letter I had written to myself as cover from the British Bird Watching Society; this letter was put under a powerful magnifying light. One man suggested he cut up my rucksack. They then found the small mirror.

These men were very thorough.

* * * * *

I was marched into a small room with only a chair and a blanket for the next couple of hours. I was then brought back, and the senior man gave me back my shoes and wristwatch. He told me put my clothes back on and asked why I had a mirror in my belongings. Thinking on my feet, I said it was to put up against the painting to get reverse perspective.

The senior man relaxed, stood up in front of a large stars-and-stripes flag, and told me to never come back. If I did come back, he told me I would be arrested and locked up for 48 hours in a tiny, freezing cell. He explained that this was U.S. government property and closed to non-American personnel.

He said I would be under supervision with a guard while I finished my painting. Then I would have to leave and say nothing of what had happened. At that, he shook hands with me. I then was escorted under guard across the large yard, as the guard carried my rucksack.

I realized at that moment that I would never get to see what is in those buildings. I then began to wheeze, slowed down, and played up my breathing. I told the guard I was having a severe asthma attack and sat down on the tarmac. He dashed back to the senior official's office, and I then ran to the camouflage building, which had two large padlocks.

Peeping through the door gap, I could see it was a weapons store with all kinds of guns, big and small, and a large farm-type building next to it. Visibility was good since the area was lit from inside. There was a small reconnaissance plane, a bigger plane, and a strange bright, metal-colored disc object with no doors or windows.

My curiosity satisfied and a bit disappointed, I quickly got back to my place on the tarmac, where my guard arrived with a medic and an inhaler. I breathed from it and feigned feeling much better. Then we walked next to the tree and set up my painting gear. I finished my picture with the guard standing behind me watching silently.

After completing the picture, I gathered up my stuff and walked back to the rail station.

* * * * *

It was some years later that I read in the newspaper that sightings of UFOs were common in that area. I remembered the small silver craft I had seen in the large building. I wondered if that was why the U.S. military officials were at that location. ◆

'The Warrior's Pet (Cadi Warriors Book Series)'

By Stephanie West

Q&A by Michelle M. Pillow, MichellePillow.com

Stephanie West is a science fiction and paranormal romance author. Her stories always feature a strong heroine overcoming difficult odds, a lot of action, and steamy scenes that don't fade to black. She uses her tales as a way to share the various adventures, comedies, tragedies, and experiences with the unexplained that have peppered her life.

Stephanie hopes her readers finish each story inspired to make real the dreams the world tells them are impossible. In her *Cadi Warriors* book series, "human heroines abducted from Earth find themselves a universe away on Cadi, a planet turned inside out by civil war and ruled by warriors. This series follows their struggle for equality and love in the arms of a warrior."

* * * * *

Q: In your book, *The Warrior's Pet,* you explore alien abduction. What inspired you to write about this?

Stephanie: *The Warrior's Pet* was inspired by a mix of science fiction romances, *The Art of War*, and the Syfy channel. I wondered what it would be like finding myself on a planet caught up in a centuries-long civil war, where the demonic warriors treat outsiders as pets or slaves and women as helpless.

The story that resulted follows the heroine as she finds love, struggles to be the best version of herself, strives for acceptance, and in the process changes the alien world.

Q: When world building, did you base your story off of known myths throughout history?

Stephanie West is the author of science fiction, paranormal, and action-erotic romances. Her heroines tend to be gutsy and her heroes dominant.

Stephanie: The aliens in *The Warrior's Pet* are what we'd describe as demons; red skin, tails, fangs, etc. I imagine our modern myths of demons and other fantastic creatures could be a result of other races visiting Earth in our past, so I let that notion drive some of the character creation in my stories. I think that makes it more real.

As a personal note, I don't believe in stereotypical demons, but I do think if a person chooses to dwell in the proverbial sewer while alive, then that persists once they pass on.

Q: What myths or legends inspired you?

Stephanie: I love Judeo-Christian and Greek mythology. They contain a wealth of fascinating stories that inspire my mind to weave new tales.

Q: What are your favorite paranormal shows?

Stephanie: I'm currently in love with the show *Lucifer*. There's something about his cocky self-centeredness that makes me giggle. Then there's the touching moments where he shows his softer side, especially with the one woman who makes him vulnerable. The accent doesn't hurt either.

Q: Have you ever had a paranormal experience?

Stephanie: Yes, I've had paranormal experiences. I'm psychic but don't generally discuss it because people tend to look at you like you're nuts. And since I can't use the gift on a whim, it's generally not worth discussing. However, if I have a message for someone, I share it, despite the crazy looks it garners.

My mother noticed from a young age that I would talk about dreams and had an innate sensitivity to what was going on with those around me. I'd call her and ask if she was OK after something happened, like she cut her finger at work. She didn't try to dampen it, but didn't really know how to help beyond listen. I think the best thing was that she encouraged my independence and kept some family members from expressing their negative feelings.

It wasn't until I was in my late teens that I started to truly notice it myself. I learned to pay attention to the intuitions and how to be conscious during the dreams that stand out and began picking them apart. Sometimes the dreams are like vivid movies surrounded by imagery that give it context, which happen later. I've seen my honeymoon, incidents in my houses before I lived in them, learned a friend was hiding an eating disorder, saw a friend's wedding, and so on.

When I'm awake, it presents itself as thoughts that pop into my head that are stronger than general intuition. When my grandfather had a stroke, I hated the thought he could linger on in such a state. "On the seventh day he rested," popped into my head. It was rather ironic since my grandfather was a minister, and my experience is that the Something More has a sense of humor, so it made me smile.

Most importantly my gift has given me an innate sense that in the scheme of things everything will be OK. That doesn't mean bad things don't occur. It just means we'll persevere and emerge from adversity a better version of ourselves. It has taught me that the impossible is possible and we have a wealth of capabilities if only we are open to them and brave enough to cross that threshold. When I write my stories, I feel obligated to convey that to my readers. If you only knew how amazing you are ...

"Can Giselle find acceptance and love on an alien planet, or will she always be nothing more than a warrior's pet?"

Q: How would you react if you came face to face with a ghost?

Stephanie: I'm pretty sure I met a ghost when I was four. I informed him my parents wouldn't like that he woke me up and told him to get out. I casually waved my hand, and it went out the window. I remember then thinking my parents might be mad I threw the strange man out the window.

I've not really been visited since, particularly because I project the aura and have stated that it's poor taste to sneak up on people in life, so why would that be different in death.

Q: When writing a new paranormal world, what details do you think are most important?

Stephanie: When I write it often begins from one pivotal scene involving the hero and the heroine with just the barest sense of a larger plot; then it's like an avalanche from there. My imagination spirals with action scenes and character details. My family and friends can't figure out how I do it, and I don't really know either, it just seems to burst forth.

The things I haven't teased out before I put "pen to paper" seem to happen organically as I go. And, often, I find that approach makes the story better, since my characters' personalities and motivation build as I go.

Q: Have you ever been to a psychic and/or a past-life regression? What did they predict for you?

Stephanie: I've had two dreams from a past life. I believe it was the same past life, my last one. One of the vivid dreams featured my death in some battle. I was a he instead of a she, in close combat on horseback and got stabbed in the lower back. Funny enough I later learned I have occult spina bifida and am missing a part of my spine in that spot.

The other dream was of my now-husband. He was a girl, my sister, and was being threatened, which didn't end well for the other person. It really explains a lot about our relationship now. We're kind of ornery with each other. I'm also rather sure he and I have traversed more than a few lifetimes together. I really love that guy, even when he drives me nuts.

Q: If you could be anywhere while writing, where would you be and why?

Stephanie: I was recently in Quebec City researching my ancestors who helped found the city. It reminded me of Paris. You can really feel the history there. I loved it. The city just oozes inspiration. I'd love to sit in a café just old enough to be quaint but modern enough to have electricity for my laptop. I'd drink latte after latte with a view of the old buildings and passing people just typing away.

Q: What does the future hold for your work?

Stephanie: I'm currently working on *Cadi Warriors Book 6*, a secret collaboration, and *Shifting Steel Book 4* for a charity collaboration.

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To learn more about Stephanie West and her books, visit https://www.facebook.com/StephanieWestAuthor/. ◆

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